

Below is information that I hope will be helpful to you. I *encourage* you to sign up to get the vaccine.

New Covid Vaccine Guidelines

- Phase 1A: Healthcare and EMS workers, Residents and Staff at Long term care facility residents, People age 65 & older, Persons ages 16-64 with high risk conditions: Cancer, Chronic kidney disease, COPD, Down syndrome, Heart conditions, Immunocompromised state, Obesity, Severe Obesity, Pregnancy, Sickle cell disease, Smoking, Type 2 Diabetes
- Phase 1B: persons receiving home & community-based services, first responders, Correctional officers, Food and agricultural workers, USPS workers, Manufacturing workers, Grocery store workers, Education workers, Clergy and support for houses of Worship, Public Transit workers, Individuals caring for children/adults in early day programs.
- **Phase 1C:** Essential workers (Transportation and logistics, Water and wastewater, Food services, Housing construction, Finance, Information Technology, Communications, Energy, al services, Government workers, Media, Public safety, Public health workers
- **Phase 2:** Anyone 16 and older, no contraindications to the vaccine who wants vaccinated.

Eligible individuals under Phase 1A are now able to register for their COVID-19 vaccine through Wellspan. Visit: https://login.wellspan.org/MyWellspan/Authentication/Login (copy and paste to your browser to view)

For more information: The link below provides you access to the dashboard "Pennsylvania vaccine provider map". (copy and paste to your browser to view)

https://www.health.pa.gov/topics/programs/immunizations/Pages/COVID-19-Vaccine-Providers.aspx#distro

In Adam's county, the **Red** push pin pictures are where the vaccine **will be** distributed to, and the **Green** push pins are the areas that have received the vaccine.

Frequently Asked Questions:

Q Is the COVID-19 vaccine safe and effective?

Yes, the vaccine has been through a rigorous process before being authorized as safe and effective for emergency use by the Food and Drug Administration (FDA).

• Q Are their side effects to the COVID-19 vaccine?

Most people do not have serious problems after being vaccinated. However, your arm may be sore, red, or warm to the touch. These symptoms usually go away on their own within a week. Some people report getting a headache or fever after getting a vaccine.



These side effects are a sign that your immune system is doing exactly what it is supposed to do. It is working and building up protection to disease.

How much does the COVID-19 vaccine cost?

The COVID-19 vaccine will be free. However, vaccine administration charges will be billed to insurance with no out-of-pocket costs incurred by patients.

- Q Is it dangerous to receive the vaccine if I am COVID-19 positive at the time I get vaccinated? What if I am asymptomatic and don't realize I have COVID-19? There is no health or safety risk related to receiving the COVID-19 vaccine while COVID-19 positive. Persons with a known current COVID-19 infection should wait to be vaccinated until they recover from the acute illness (if the person had symptoms) and criteria have been met to discontinue isolation. If a person is asymptomatic and unknowingly gets vaccinated while COVID-19 positive, there is no danger to their safety. If you have had COVID-19 and were treated with an antibody treatment, you should wait 90 days after the treatment before receiving the vaccine.
- Q If someone tested positive for COVID-19, do they need to be vaccinated?
 The Advisory Committee on Immunization Practices (ACIP) finds the COVID-19 vaccine safe and likely effective in persons with evidence of a prior COVID-19 infection. Persons with known current COVID-19 infection should wait to be vaccinated until they recover from the acute illness (if the person had symptoms) and criteria have been met to discontinue isolation.
- Q What is the difference between the Pfizer and Moderna vaccines? Pfizer and Moderna are two different pharmaceutical manufacturers who are producing COVID-19 vaccines. Both organizations have used the same process to test and submit their data to the FDA for review and Emergency Use Authorization Approval. While no vaccine is 100% effective, current studies have shown both companies' COVID-19 vaccines to be over 90% effective. Both vaccinations will require two doses. Both vaccines work by the same biological mechanism. At this time, the vaccines are not interchangeable because the safety and effectiveness of a mixed vaccine series has not been tested. You should complete your vaccine series with the same product.

Q Does the vaccine contain a live virus?

No, the COVID-19 vaccine does not contain a live virus. The vaccine uses mRNA and our own body systems to teach our immune systems how to recognize and fight the virus that causes COVID-19. mRNA stands for Messenger RNA or Messenger ribonucleic acid. The mRNA brings instructions into the cell to make a protein that helps the immune response.



For further information: (copy and paste to your browser to view)

https://www.cdc.gov/coronavirus/2019-ncov/vaccines/

https://www.cdc.gov/.../people-with-medical-conditions.html

For Local information: https://gettysburgconnection.org/covid-19-vaccine-rollout-continues-in-adams/

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