GRAPEVINE

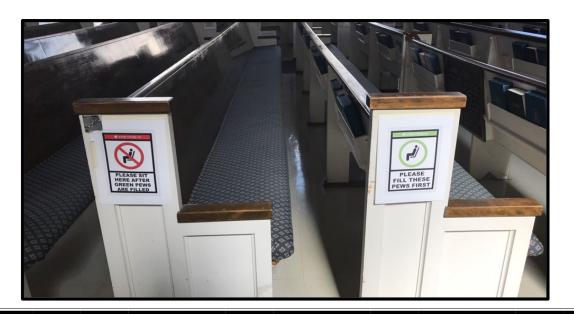
GPC COVID Guidelines, as approved by Session on March 3, 2022:

- Anyone is welcome to wear a mask.
- In keeping with CDC guidelines masks are optional.
- The CDC guidelines indicate that if you have symptoms of COVID-19; recently tested positive; or have been exposed to someone who is positive you should wear a mask.
- Safe Social Distancing is still encouraged,
 - Please fill the pews with the Green Signs first.
 - Once Green Pews are filled, please sit in the pews with the Red Signs.
- The Session will continue to monitor community numbers and modify protocols accordingly.
- Please remember there are many reasons that people will choose to leave their masks on.

March 8, 2022

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South Carolina Mission Trip

There was a misprint in the last Grapevine. **The S. Carolina Mission trip will be May 1 - 7**. (Not April).

Registration now open and cost is approximately \$150 per person. If interested, please contact Jerry Cleaver 717-359-0419 or email jecork54@yahoo.com.

Dear GPC Family,

Thanks so much for the retirement celebration on Feb. 27!

It's hard to know where to start! The reception was wonderful. The program - with skits, songs, gifts, and presentations - was overwhelmingly kind and thoughtful. And the cards! Thank you for the cards and thoughtful reflections and wishes in them. I have been honored to serve as your pastor and I wish you all God's best in the coming months and years!

Dave Wright





"Spring Ahead"
Turn your
clocks ahead
one hour
Saturday night!



Our March gathering will be on the **Third Thursday** in March, **March 17th**, St. Patrick's Day, with Jan Kiefer as our speaker.

This is one week later than our normal meeting to allow any who want to attend Helen Maitland's funeral on March 10th to be able to do so. Mark your calendars now that our Young at Heart gathering for March will be on **March 17**th. Hope to see all of you there.

Reservations are due no later than March 10th.



Please join us at GPC for a night of entertainment and fellowship!
Bring yourself, your family, and invite your friends to attend as well, for Disney's *The Lion King* (2019 version).

When: Friday, March 25

When: 6:00 p.m. - PIZZA in Fellowship Hall

6:45 p.m. - Movie at in Sanctuary Followed by Cookies for dessert

"Hakuna Matata! No worries for the rest of your days!

It's a problem-free philosophy!"

Calling All GPC Members

The GPC Family Ministry Team is extending an invitation to members to join us in creating interesting and fun activities to enrich our Fellowship opportunities.

Now that some of the COVID restrictions are beginning to be relaxed we have the ability to return to more normal church services and church activities. With this happening it is time to once again reinvigorate the efforts of the Family Ministry.

We have already heard from other GPC committees such as Outreach and Fellowship and others with the hope of engaging as many both within our church and hopefully welcome others.

I hope you would consider joining us in this mission be it long term or on an Ad Hoc basis. If so please contact Peter North at pnorth@gettysburg.edu.

On Sunday mornings we will be praying for the following people/groups that we support: 3/13 Adams Christian Prison Ministry Angel Perez serves as a prison chaplain, doing evangelism and faith-building inside the prison. 3/20 Ruth's Harvest Ruth's Harvest provides backpacks full of food for school children to take home on the weekends. 3/27 Teen Workcamp Please consider including them in your own prayers!

RUTH'S HARVEST

Recently the staff at the High School reported that 2 girls were in the snack pick-up area around 11AM, selecting food when one said to the other, "I am sure glad these snacks are here." The other responded, "Yah me too, I am really hungry. I have not had anything to eat since yesterday." It is apparent from this exchange and other feedback that we have previously received from the teachers and staff that the food for the High School's Warriors Closet, the Middle, & Elementary schools are really a big hit and benefiting many students. It is also painfully apparent that there are children right here in Gettysburg that need our help.

The board has the responsibility to provide guidance, volunteers and to ensure the program is known throughout the community. We want to have food available for all students who have a need. Please remember that there is a continued need for food and monetary donations for Ruth's Harvest, Gettysburg. Examples of food donations that can be brought to GPC are shown below, and checks can be sent to PO Box 4771, Gettysburg or through PayPal.

Jerry/Elly Cleaver 717-359-0419

Ruth's Harvest of Gettysburg Back Pack "Needs List"

Considerations for food items in back pack: non-perishable items, easy to prepare, no glass containers, no expired foods please

► Individual serving Protein

Tuna & cracker lunch pack 4 oz or less Canned chicken 5 oz Canned ham chunks (i.e. Hormel) 5 oz Peanut butter "To Go" pack 1.5 oz







► <u>Individual serving/microwaveable Meals</u>:

Instant Soup Cups or packets less than 3 oz
Beef Stew 9 oz or less
Mac & cheese 2 oz or less

Spaghetti & meatballs, Lasagna, Ravioli or other pastas 8 oz. or less

Baked beans 8 oz or less Instant rice cups 3 oz. or less







Liquids

Shelf stable liquid low fat milk 8oz

100% Juice 6 oz or less



► Cereal

Oatmeal packets, 2 oz or less

Cold Cereal individual boxes or cups, less than 1.8 oz. per box



► Individual "To Go" serving

Fruit cups (i.e. applesauce, peaches, oranges) 4 oz

Raisins or other dried fruit 1 oz or less

Jell-O and Pudding snack cups 4 oz

Protein breakfast or granola bar, approx. 1.4 oz



Vegetable cup or can 8 oz or less (green beans, corn, peas & carrots)

Peanut butter or cheese and crackers pack 1.5 oz or less

Pretzels 1 oz or less 100 calorie snack packs 1 oz or less Goldfish crackers packs 1 oz or less Hot chocolate packets 1 oz. or less Popcorn, microwave packets 1 oz or less







Hershey Park Tickets

Thinking of going to Hershey Park this summer?

Want to buy tickets at a cheaper rate?

We've got the answer for you!

You can order and buy tickets through the church group rate.
These tickets can be used ANY DAY April 2,2022 thru January 1,2023.
The rates are: \$39.95 for AGES 3 - ADULT (regular rate is \$77.80)

You may order these tickets by signing up in Fellowship Hall Sunday mornings. FINAL DATE TO SIGN UP & PAY FOR THESE TICKETS IS SUNDAY, APRIL 17. Please make checks out to "Gettysburg Presbyterian Church." There will be no refunds for tickets not used. You do not have to be a church member to participate. Thanks!!

Your GPC Faith Community Nurse serves as:

<u>Health Counselor</u>: Listens and speaks with persons regarding their health issues. Available to visit in the hospital, nursing facilities, and homes as needed. Offers presence and prayer during times of crisis and celebration.

Advocate: Assists the community with any health-related needs and interests. Can accompany individuals to doctors' appointments (to be their eyes and ears) and help to explain any test results, medications, and so forth so that patients can make informed decisions. Confidentially, the nurse can review your discharge instructions, medication lists, and other documents to ensure a good understanding.

<u>Health Educator</u>: Provides health information and awareness about chronic conditions or diseases. Places an emphasis on preventative care through educational opportunities, blood pressure screenings, first aid, fall risks, medication disposal, and more.

<u>Resources</u>: Works to link congregation members to community/spiritual resources. Works alongside of Stephen Ministers, the Visitation Team, and the Deacon Ministry at GPC. Is the custodian of durable medical equipment for congregational use.

<u>Spiritual Presence</u>: Works with the GPC Pastoral Care Team in the care-giving ministry by listening, praying, supporting, and encouraging through personal visits, telephone calls, and so forth.

A Faith Community Nurse practices according to the "FCN: Scope and Standards of Practice" set forth by the International Parish Nurse Organization.

A Faith Community Nurse provides transitional care to persons who are *at risk* of chronic diseases like cardiac, respiratory, diabetes and other concerns. The FCN also provides assistance to those who have complications and are at risk for readmission to the hospital, to isolated congregants, to persons with limited healthcare literacy, and to individuals or families that have limited economic resources.

A Faith Community Nurse does not provide "Home Care" services. He or she does not perform invasive procedures (i.e.: dressing changes, blood draws, placing medications into dispensers, giving injections, etc.)

A Faith Community Nurse cannot share your confidential information.

Office Hours: Office located in the Crane Library: Tuesday and Thursday 9am-2PM and *Most* Sunday mornings 8a-12noon Always available via phone at 410-596-0777.

Do you know where our 2 AED's (Automatic External Defibrillator) are located?

- 1. AED located just outside the doors of the sanctuary hanging on the wall. This AED has *Pediatric Pads* as well as *Adult Pads*.
- 2. AED hanging on the wall next to the elevator on the 2nd floor landing. (Adult pads only)

Pam Phillips FCN at 410-596-0777 or email gpcfcn@gettysburgpresbyterian.org





SAVE THE DATE

April 22 /23.

More info to follow.

Think Spring Cleaning

Check your email junk folder!

There have been numerous people who have expressed concern that they have not been getting my emails. They have been determined as "spam." Please contact me in the church office 717-334-1235 if you aren't receiving the congregational notifications or the church newsletter.

Thanks, Penny

NEED A RIDE?

If you are having trouble attending church services and/or church functions due to not having transportation, let the Deacons help you.

We are only a phone call away.

Feb. 14-March 13 please contact Sarah Kirk at 443-622-4710.

March 14 - April 10 please contact Leslie Casteel at 717-387-1088



"Calendar of Giving"

The Calendar of Giving is an opportunity for our congregation to support numerous local organizations. Through this program, we identify local organizations that are in need of smaller donations. Each month, we will be collecting specific items for the identified organization.

For the month of:

March

We will be collecting items for Adams County SPCA

lams cat food (dry), kitten food (canned),
dog food (sensitive stomach),
water softener salt, latex gloves,
dog and cat collars, dog harnesses,
dog and cat toys, disinfectant wipes, toilet
paper, paper towels, copy paper, dish
soap, bleach and 13-gallon
Force Flex trash bags.



Women's Book Club

We will be kicking off the 2022 Book Club on Monday, March 28th at 7pm in the Eisenhower Room. Please bring a book that you've recently read that you really enjoyed ... or a few ... or a book that's been on your "To Read" shelf ... or just yourself! We will spend the hour socializing, enjoying delicious des-

serts, and getting to know some of each other's favorite books. All you need to bring is yourself and your favorite book! Also, mark your calendar for Monday, April 25th when we will meet after reading <u>Alice I Have Been</u> by Melanie Benjamin. Please email Megan if you are interested in joining or being added to our email list, <u>MeganZiegler2014@gmail.com</u>

Hiking Club

We will be hiking Saturday March 19th.

We will leave the church at 10 am.

We are going to be hiking down in Carroll County - the Hashawha Loop Trail at the Bear Branch Nature Center.



It takes almost a half an hour to get there, so plan on bringing lunch. Pray for good weather. If you would like to join us, email Jen at JenniferMaueClark@gmail.com Happy Hiking!



Our thoughts and prayers are with:

Kelly Jones on the recent death of her sister.



Stephen Ministry Trust Me!

Has someone ever told you "Trust me," and then let you down? Our Stephen Ministers are people you really can trust. They are committed to providing the best Christian care possible to their care receivers. They are people you can trust and depend on. Call Pastor Lou at the church office 717-334-1235.

Gettysburg Presbyterian Church

208 Baltimore Street

Gettysburg, PA 17325

Office: (717) 334-1235

Fax: (717) 334-0666

www.gettysburgpresbyterian.org

RETURN SERVICE REQUESTED

<u>Gettysburg Presbyterian Church Mission Statement</u> Gettysburg Presbyterian Church believes that God calls us to invité people to faith in Jesus Christ, and equip them to grow as His fully devoted followers. As disciples we:

* study regularly

* pray daily

- witness boldly
- live faithfullý
- serve passionately
- give generously
- * worship weekly



Next Newsletter Deadline: Noon, Thursday, March 17, 2022

March 2022 GPC WORSHIP SCHEDULE

Traditional Worship @ 8:15 & 11:00 a.m. Contemporary Worship @ 9:30 a.m.

March 13 Rev. Judy Young Preaching - Water In the Wilderness"

Second Sunday of Lent

Rev. Cheryl Galen Preaching March 20

Third Sunday of Lent

March 27 Rev. Lou Nyiri Preaching

Fourth Sunday of Lent

To view live stream, go to: www.gettysburgpresbyterian.org Click "View Services" on the top right hand corner