# GRAPEVINE

July 13, 2021

# "The Pastor's Page"

### The After People

Stephen Ministers have been called "The After People"

A Stephen Minister is there:

after you've washed and returned the last casserole dish. after the last child honks, waves and drives away – and the house seems incredibly empty.

after you arrive home following the service and the emotions you've held off come crashing in on you.

after the nursing home director says, "Welcome to your new home."

after you realize the hands on the retirement watch you received move more slowly than you ever imagined.

after family and friends have heard your story, but you still need to talk it out.

Stephen Ministers will walk alongside you, your friends, neighbors, coworkers, or relatives.

Stephen Minsters will provide compassionate care, comfort, and support for as long "after" as they are needed.

#### Inside

- VBS Thank You
- Treats Needed
- Help With Meal Ministry
- Pipe Organ Renovation
- Hiking Club
- Psalms Bible Study
- Book Club
- S. Carolina Mission Trip Info
- Young at Heart

To learn about Stephen Ministry click the following link which will re-direct you to our website, then scroll down to read & watch a video about Stephen Ministry: https://gettysburgpresbyterian.org/christian-care/.

On June 27th we commissioned three Stephen Ministers & one Stephen Leader.

We rejoice in advance for all the people Stephen Ministers will bring hope, grace, and compassionate care to through their caring service.

We confirm their calling with our continued prayers.

If you or someone you know might benefit from the gift of having a Stephen Minister, then tell them a little about Stephen Ministry and ask them if you could have someone from our church contact them to discuss Stephen Ministry in detail. Then call me (Rev. Nyiri) in the church office at 717-334-1235, ext. 4 and we will follow up accordingly.

Won't you consider & pray for the gift of Stephen Ministry today?

With Gratitude,





## Happy Birthday to ...

August 1

Mariorie Benson Brody Fake

August 3

Hank Har Kevin Hollowell Soo Reber

Rebecca Sayres

August 4

Ken Ball Daniel Farnham

August 5

Jacob Hiller Erica Hoover Rebekah Small Kyle Smarsh

August 6

Emily Delacruz Liam Mosser Nicholas Shpak Carolyn Warcup August 7

Aaron Brownley John Kuhn Carolyn Westfall

August 8 Jordan Garrett

August 9

Cindy Nelson Stephanie Rathgeber

August 11

Emma Bahm Ronald Clark

August 12

Alan Moyer August 13

Ayden Dillon Elizabeth Fake Amelia Flinner

August 14

Joan Chandon

August 15

Megan Gochenauer Scott Hartwig

August 16

Rhett Mosser August 17

Elyn Cunningham Patty Ann Welles

August 18

Jamie Bowman

Ron Jones Lois Kime

August 19

**Gabriel Contreras** 

August 21

Beverley Bigham Charles Fatzinger Mark Grim John Peterson

Yancy Unger

August 22

Patricia Smith

August 23

Ann Cowden Niles Grimm Betsy Illick Scott Keller

Marilyn McQuaide Kimberly Umbrell

August 24

Kathleen Faloon Chervl Wagner Travis Whitney

August 25

Jill Bemis Marie Duncan Jane Gwyn John Horner

Kieran McKeon

August 26 Harry Small Samuel Tomassini August 27

Kirsten Kanne Elaine King

Lionel Wells

August 28 Eliza Dreves

Les Heggan Evan Snyder Sean Snyder

Beth Stapleton

Connor Weikert

August 29

Emma Adams Lori Beth Dixon Dylan McQuaide Randy Parmentier

Ken VanHoutte

August 30

Amy Cunningham Deborah Wolf

August 31

Betty Brownley Alisa Carbaugh Cody Kiefer

On May 13th I underwent surgery for my third cancer. Almost immediately my mailbox was filled with cards from Deacons, Esther circle, Disciple classmates, and people whom I don't even know, but all are part of the GPC family. Thanks to everyone for your encouraging words and many prayers.

You are all part of God's blessing to me as I continue to heal.

Barb Finfrock



to Ken Ball on August 4th!!

Congratulations to Pam and Chet Phillips, who will celebrate their 40<sup>th</sup> wedding anniversary on July 18!

Thanks so much to everyone who sent cards, emails, and texts to cheer me up after my recent knee replacement surgery. Thanks also to those who called to check in and see if I needed help. I have felt uplifted by the prayers and appreciated each act of kindness very much.

The GPC church family is like no other!

See you soon, Libby Crowe

#### "WATER, WATER EVERYWHERE THANK YOU"

We had a wonderful time in Vacation Bible School this year following a year when we couldn't be together. We had 39 children and 41 adults and teens helping this year. It was an wonderful week full of energy, fun, and excitement. Music was great, dramas were enlightening, and stories and crafts were fun to make.



Thanks to: Susan Kolmer (Story time), Nancy Cook (Scripture), Bonnie Wright (Photography), Jen Daniels (Drama), Dave Conklin (Music), Carrie Conklin (Music), Jamie Bowman (Music), Wendy Brubaker (Video), Savannah Soliday and Kyle Clark (Games), Rev. Lou Nyiri (Sound), Mary Flinner, Sonja Brown, Stratton Brown, Courtney Suerdieck, Gavin Eberhart, Amanda Ott, Carole Simon, Alex Nyiri, Steve Kinsey, Tracey Boyer, Mary Miner, Kennedy Brown, Josh Fair, Catie Suerdieck, Jerry & Elly Cleaver, Maddie Brubaker, Cherie Black, Savannah Waligore, Ava Fair, Bob Bigham, Amy Deitch, Emma Messinger, Marisol and Mark Snell, Will Brubaker, Hailey Unger, Addie Hieber, Sue Lindsay, Luke Daniels, Maria Cushing-Daniels, and Sue Lindsay.



Thanks to all of you for giving of your time, your energy and your love to our children. See you all next year.

~ Cheryl Betts

#### **Treats to Share**

Slowly but surely life is returning to normal, as we can worship together and enjoy fellowship once again! We are finally serving coffee during Sunday morning worship at GPC! We will be offering snacks as well, and would appreciate some donations to share.

For the time being we would like to offer packaged snacks and sweets, either store-bought or home-made - but placed into single serving bags or wraps. If you are willing to pick up some packaged cookies, chips, pretzels, or crackers for GPC, please just drop them off in the kitchen off of Fellowship Hall, marked CH for Coffee Hour.

If you would prefer to bake something yourself that would also be fine, although we'd appreciate having things delivered in individual serving packages. The sign-up notebook for these donations will be located by the coffee, or you can email Deb Litten at <a href="mailto:sanddlitten@gmail.com">sanddlitten@gmail.com</a> to arrange a date to donate.

Having the opportunity to fellowship is sweet -- having a treat to share is even sweeter! Thank you!

The Fellowship Team

#### What are we having for dinner?

It is the age-old question. If you are caring for a loved one, trying to balance doctor's appointments, and taking care of other responsibilities it can be an overwhelming question. We would like to establish a list of church members who would be willing to help in preparing and delivering meals.

If you think you might be interested in this ministry, please answer the following questions:

- How much notice would you need to prepare a meal?
- Would you prefer to deliver the meal yourself or drop it off at the church to be delivered by someone else?
- Would you like to be part of a core group of volunteers who would each prepare one or two meals weekly over a period of a few weeks for a longer-term need?

If you are interested in becoming part of this ministry, please contact Deb Manning at manningtr@embarqmail.com.



Do you live alone?

Would you like a daily phone call to "check in" on you?

This Photo by Un-

Our daily "Check in" call program is up and running. Would you like a phone call or know someone at GPC who would like a daily call?

A simple phone call can give an individual "piece of mind" knowing that someone will be checking in on them on a regular basis. A phone call every morning will ensure all that everything is okay. It can reassure individuals that we care for them, and we will be checking in to avoid a potential problem.

Please contact *Pam Phillips FCN at 410-596-0777 or email gpcfcn@gettysburgpresbyterian.org* to get your name on our "GPC Call list." We have volunteers who would like to call you daily to "check in" to ensure you are safe.

# Pipe organ renovation begins on Monday, July 19! That means we will be without an organ until around Thanksgiving!



Thanks to everyone who contributed to make this possible.

#### GPC Hiking Club - July Hike

This Saturday (July 17th), we will leave the church parking lot on Saturday at 8am and hopefully, arrive at the trail we're hiking in Pequea around 9:30. The hike is a loop trail and should take about 2 hours. Please be sure to wear layers, comfortable hiking shoes, plenty of water and a snack.

Afterwards, plan to join us as we go tubing at Sickman's Mill. The most we would have to wait is about 30 minutes and there is a bar and food trucks while you're waiting (but we might not have to wait at all). It is important that you bring \$20 in cash as this is the only form of payment they accept, if you plan on tubing with us. If you don't want to go tubing, you can head back to Gettysburg after the hike. We think we will be home around 4-5pm.

If you are interested, please let Jen Clark know by emailing her at <a href="mailto:jennifermaueclark@gmail.com">jennifermaueclark@gmail.com</a>



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We look forward to seeing you there! Megan & Jen

# SAVE THE DATE CHRISTIAN EDUCATION

### August 22<sup>nd</sup>

Blessing of backpacks and Blessing of School Teachers

## August 29th

Bibles to 3-Year-Old's

## September 12th

Bibles to 2<sup>nd</sup> Graders

## MISSION

# PRAYER LIST

On Sunday mornings we will be praying for the following people/groups that we support:

#### 7/18 Carpenter's Gift

A GPC ministry building primarily handicapped ramps for local people.

#### 7/25 S. Carolina Mission Trip

This mission works with Sea Island Habitat for Humanity to build homes for working poor families each Spring.

#### 8/1 Fellowship of Christian Athletes

Kelly Jones facilitates this ministry at Gettysburg College. Pastor Dave teaches once a semester.

Please consider including them in your own prayers!

## **Worship News**

- Weekly bulletins can now be found on the website! If you're worshipping on the live-stream, you might find these to be helpful!
- Next outdoor service: Sunday, Aug. 1 at 10AM at the Rec Park (Communion.) In case of inclement weather, we'll hold two identical services in the sanctuary at 9 and 10:30AM.
- Colossians Challenge! We're study the book of Colossians in worship in July, so we're challenging everyone to read the book as many times as possible this month! There will be a prize for the youth who reads it the most times!

#### What is a POLST?

#### A POLST is an acronym for Pennsylvania Orders for Life-Sustaining Treatment

A POLST is completed by a Health Care Professional after a conversation with patient/family members. Ideally this is completed after reviewing a persons Advanced Health Care Directive. It is important that we share with our family members what our wishes are in the event of an emergency and decisions must be made.

If you have a completed POLST place a copy on your refrigerator for EMS personnel.

#### What are the components of a POLST?

## A: Cardiopulmonary Resuscitation (CPR) Person has no pulse and is not breathing First choice: CPR/Attempt Resuscitation

Second choice: DNR/Do not attempt Resuscitation (Allow Death to occur naturally)

#### B: Medical Interventions: Person has a pulse and /or is breathing

<u>First Choice: Comfort Measures Only:</u> Use medication by any route, position, wound care, and other measures to relive pain or suffering. Use oxygen, oral suction and manual treatment of airway obstruction as needed for comfort. Do NOT transfer to hospital for life-sustaining treatment. Transfer if comfort needs cannot be met in current location.

<u>Second Choice: Limited Additional Interventions</u>: Include care described above. Use medical treatment, IV fluids, and cardiac monitor as indicated. Do not use intubation, advanced airway interventions, or mechanical ventilation. Transfer to hospital if indicated. Avoid intensive care if possible.

<u>Third choice: Full Treatment:</u> Includes care described above. Use intubation, advanced airway interventions, mechanical ventilation, and cardioversion if indicated. Transfer to hospital if indicated. Includes Intensive Care.

#### C. Antibiotics

First choice: No antibiotics. Use other measures to relive symptoms.

<u>Second choice:</u> Determine use or limitation of antibiotics when infection occurs, with comfort as a goal

Third choice: Use antibiotics if life can be prolonged

# D. Artificially Administered Hydration/Nutrition: Always offer food and liquids by mouth if feasible

First choice: No hydration and artificial nutrition by tube

Second choice: Trial period of artificial hydration and nutrition by tube

Third choice: Long-term artificial hydration and nutrition by tube

#### E. Summary of Goals, Medical condition, and signatures

Discussed with Patient, Parent of a Minor, Health Care Agent, Health Care Representative, Court Appointed Guardian

Signatures on the form by Physician, Patient or Surrogate and Date

A copy of a POLST can be found on the FCN Bulletin Board in Fellowship Hall for you to review. I am planning an "Advanced Directives" workshop in the early Fall. This will be an opportunity for you to complete or review your current "Advanced Directives" with a healthcare professional. There will be scheduled times for you to "sign up" to complete the paperwork. It will be open to anyone over 18 years of age. I hope you will take advantage of this opportunity to plan for your future.

Pam Phillips RN Faith Community Nurse 410-596-0777/gpcfcn@gettysburgpresbyterian.org



Bible Study (in-person)

When we read, hear and pray the Psalms, we stand before texts that struggle mightily between the great promises of God and the sense of our own great need. In the Book of Psalms, the grand promise of the reign of God is constantly colliding with the gritty, historical experience of God's people. The struggle of God's people to make sense of who God is and who they are becomes as volatile as the grinding plates of continents. In response to this struggle, the writers of the Psalms can be heard both praising God's faithfulness and lamenting God's absence; both thanking and complaining to God; both praying in hope and crying in fear. In so doing, these writers have left behind profound texts of grace and glory unmatched in sacred literature. This ten-week study will begin on August 23<sup>rd</sup> from 10-12 on Monday mornings. Cheryl Betts will be our facilitator.

If interested, please call the Church office no later than **August 2**<sup>nd</sup> to register.

Books are \$12. All are welcome.

#### **HEADS UP**



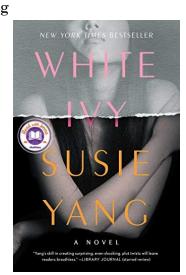
We are planning to reinstitute Young at Heart gatherings on the 2<sup>nd</sup> Thursday of the month beginning on September 9<sup>th</sup>. A post card reminder will be sent each month a week before the gathering.

For all attendees, remember you must <u>call</u> in to reserve your place by the Thursday <u>before our meeting</u> so we can order the appropriate number of pieces of chicken.

We are happy to reinstitute this program.

#### **GPC Book Club**

White Ivy by Susie Yang.
Rachel Parmentier will be leading the discussion and we will be meeting in person at the first pavilion when you enter Lake Heritage. We will meet Monday, July 26th at 6:30 p.m.. If you would like to join us or have questions, feel free to email Megan Ziegler at MeganZiegler2014@gmail.com



#### Habitat For Humanity Charleston, SC trip

Summer is here and many of us have or are making plans. Please consider the Habitat trip in the early fall (September 19th to September 26th), I am told that Charleston at this time of the year is beautiful. Building a home for a needy family is fun and rewarding. If you can use a hammer, screwdriver, like to paint or cook for the crew, please consider joining us. Also, anyone in your family 16 or older, and any of your friends may participate.

This year we have either or both of the work crew houses. We have space for 23 in the bottom bunks and additional space with 20 new upper bunk beds.

The current Sea Island Habitat policy on COVID is we must be fully vaccinated.

If you are interested or have any questions, please call or write.

Jerry Cleaver 717-359-041

jecork54@yahoo.com



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#### RETURN SERVICE REQUESTED

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<u>Gettysburg Presbyterian Church Mission Statement</u> Gettysburg Presbyterian Church believes that God calls us to invite people to faith in Jesus Christ, and equip them to grow as His fully devoted followers. As disciples we:

\* study regularly

\* pray daily

- witness boldly
- live faithfullý
- serve passionately
- give generously
- \* worship weekly

## **Next Newsletter Deadline:** Noon, Thursday August 5, 2021

# Summer

The office will be open

**Monday - Thursday** 

from

10:00 a.m. - 3:00 p.m.

**Closed Fridays** 

July/August 2021 GPC WORSHIP SCHEDULE

Contemporary Worship @ 9:00 a.m.

Traditional Worship @ 10:30

July 18 Colossians Series: Freedom in Christ (Col. 2:6-23)

July 25 Colossians Series: Living in Christ (Col. 3:1-11)

August 1 10:00 a.m. Outdoor Worship @ Rec. Park

Communion

To view live stream, go to: www.gettysburgpresbyterian.org Click "New Streaming Link" on the top right hand corner