

GRAPEVINE

November 10, 2020

"The Pastor's Page"

Giving at GPC

When the pandemic began, I was nervous about a number of things here at church, including how it would affect our giving. Typically, giving drops on low-attendance Sundays. How would no-attendance Sundays affect giving? The good news is that you have been generous, compassionate, and faithful in your giving to GPC this year! We're actually ahead of where we usually are at this time of year! So, thank you. Thank you. Thank you!

Now we're in the middle of our compassion/stewardship campaign for 2021. Once again, there are lots of unknowns, as we've never held a mostly-virtual stewardship campaign before! But, I'm encouraged by our giving in 2020, and hopeful that our congregation will step up to the challenge and make generous pledges for 2021. Our staff and the missions we support here in Adams County and around the world are depending on it.

Please visit our website for more information about how you can make a pledge electronically or on paper <https://gettysburgpresbyterian.org/stewardship-2021/>

Pledge Sunday is Nov. 22!

Pastor Dave

Inside

- Stewardship/Compassion Campaign
- Congregational Meeting
- Community Thanksgiving Service
- Mission Bright Star
- Poinsettias Order Form
- Christmas Fair Info
- GPC Silent Auction
- Equal Exchange Order Form
- PW "Thank Offering"
-

Blood pressures will be taken in Fellowship Hall from 8:30 - 10:30 a.m. Sunday, November 15th.



Baby, It's Cold Inside!

We are aware that the sanctuary has been cold during worship, as we have continued to keep the doors open to allow for air circulation. The Session recently decided to close the doors during worship during these cold months. We'll keep the air handler/circulating fan on to circulate the air, and open the doors between services.

VASES NEEDED

When sponsors donate the flowers in the sanctuary on Sunday mornings they sometimes indicate they want the Deacons to deliver them to shut-ins.

Because we have not had the Rummage Sale we are in need of vases to deliver those flowers.



Please drop off any vases to the church office Monday-Thursday from 10:00 a.m. - 2:00 p.m.

Thank you!

AN INVITATION TO ALL "FAMILIES OF FAITH" IN ADAMS COUNTY

WHAT: Gettysburg Area Community Thanksgiving Observance
Sponsored by the Gettysburg Ministerium

WHEN: 4:00 pm, Sunday, November 22, 2020

WHERE: Amphitheater Shell at Gettysburg Rec Park

PLAN: Members of the congregations of all of our area churches, along with members at large from the community, are invited to come together for a time of offering "thanks" and praying for our community.



In this outdoor venue, there is plenty of room to "social distance" and it will be expected of all participants that face masks be worn. The service will be relatively brief, 35-40 minutes, due to potentially cold temperatures and lack of seating.

The service will be "God focused" as opposed to "problem focused." In spite of the darkness created by COVID-19, and the racial and political turmoil in our society, we have much to be thankful for! During the service there will be a "Time For Giving Thanks" – each pastor and/or church will have the opportunity to share in a sentence or two something unique to their faith community for which they can give thanks to God.

In addition, there will be Scripture readings, special music, a Litany of Thanksgiving, and Prayer for our community (no congregational singing).

Please let me know if you would like to participate by sharing a "thanks" and/or in a reading or prayer.

Thanks much!
Dale Williams

Compassion Stewardship Campaign

Fulfilling your Compassion Pledge to GPC can be made in a variety of ways. The easiest and most convenient way to make your donations is by using ACH (Automated Clearing House.) This allows you to have a specific amount electronically withdrawn from your checking or savings account directly to GPC. This withdrawal can be set up on a monthly basis. Another great way to fulfill your pledge is to contribute directly from your IRA. The Qualified Charitable Distribution (QCD) allows IRA holders age 72 and older to donate to a qualified charity from your Traditional or Roth IRA (including inherited) - tax free. Lastly, a legacy donation can be accomplished in a variety of ways. Consult your tax advisor or a legal professional for more information. These are alternative ways of giving to GPC other than cash, envelope or online giving which also works to meet your pledge. Please consider your most beneficial way to contribute to your GPC Compassion Pledge.



Thanks!
Frank Pizzuto

A Congregational Meeting Sunday, November 22 @ 9:45 a.m.

The Session has called a congregational meeting for **Sunday, Nov. 22**, following the Contemporary Worship Service at about **9:45AM** for the purpose of electing church officers.

You may attend and vote in person, or via the livestream. If you would like to make additional nominations, you must get the approval of the person you are nominating and submit the name to the church office by Wed., Nov. 18.

Here are the nominations from the Nominating Committee:

Elders - Adam Boyer, Amy Deitch, Kathleen Redding, Linda Thompson
and Jen Daniels (2nd term)

Deacons - Amy Hoch, Carole Simon, Bob Smith, Tracey Stone (1 yr. term)
and Mary Beth Shoemaker (2nd term)

Nominating Committee - Mary Miner and Beth Fitzpatrick

PW CIRCLES

Mary Martha Circle

Thursday, November 12 @ 4:00 p.m.

Eisenhower Lounge @ GPC
Lesson 3: Jeremiah 9:17-21 and
Matthew 2:16-18



Esther Circle

Thursday, November 19 @ 9:30 a.m.

MacAskill Room at GPC
Lesson 3: Jeremiah 9:17-21 and
Matthew 2:16-18

Elizabeth Circle

Monday, November 16 @ 1:00 p.m.

Paideia House
Lesson 3: Jeremiah 9:17-21 and
Matthew 2:16-18

HIGH SCHOOL FELLOWSHIP

November/December

November 15	5:00 - 6:00	Zoom Youth Group
November 22	No SHIP	Thanksgiving break
November 29	5:00 - 6:00	Zoom Youth Group
December 6	5:00 - 6:00	Fellowship @ GPC Dress for weather

MIDSHIP SCHEDULE

November/December

November 15	5:00 - 6:00	Fellowship/Games @ GPC
November 22	No Mid-SHIP	Thanksgiving break
November 29	5:00 - 6:00	Fellowship/Games @ GPC
December 6	5:00 - 6:00	Zoom Youth Group



YOUTH CLUB SCHEDULE

November 15	3:00 - 4:30	Fellowship & Games @ GPC
December 6	3:00 - 4:30	Fellowship & Games @ GPC
December 20	3:00 - 4:30	Fellowship & Games @ GPC

The Adams Rescue Mission will hold its annual Silent Auction this year on November 19 (6-8 pm) and 20 (noon-8 pm) at the Gettysburg Fire Hall, AND online on November 20 (noon-7pm). Please wear a mask and socially distance while browsing the countless baskets, items, and gift certificates. No tickets required! This is a great time to Christmas shop, while supporting this wonderful Christian organization.

For more information, go to www.adamsrescuemission.org.

MISSIONS NEWS



Gettysburg C.A.R.E.S. Update

Gettysburg C.A.R.E.S. plans to open on November 2 this year, according to Pastor Mike Allwein and Board President, Mary Stevenson. "We have had to make many adjustments to comply with the CDC Shelter Guidelines," they explain.

The biggest change is where the guests will sleep. Sadly, because of CDC/Covid 19 guidelines, C.A.R.E.S. will not be in the churches this year, but rather in local motel rooms. This will create financial challenges different from past years. More information will follow.

There are many details to be worked out, but C.A.R.E.S. has a new Program Director who will help do this. Rosemary Laureano will be joining as Program Director. She comes with many years of experience in a similar position in the healthcare field and was part of the WellSpan team that provided the C.A.R.E.S. Medical Clinic during the past four years. During November, Rosemary will begin intakes of homeless neighbors in the Gettysburg community. The shelter part of the program begins December 1 with plans to continue providing shelter through the end of March 2021.

If you would like to be informed directly of CARES needs as we learn them, please send your email & phone number to Bill Tindall, Elder for Local Missions (agpr4you@yahoo.com) or Rev. Nyiri (gpclou@gettysburgpresbyterian.org).



Soup Kitchen Report

Do you want to give back to the community? You can by helping our church in its support of the Gettysburg Community Soup Kitchen.

Even though procedures have changed due to COVID-19, we can help make a direct impact on our local community.

Eleanor (Ellie) Bilz, vice chair and board member of the Soup Kitchen explains:

"We are no longer asked to make the soup, but only to provide the groceries. I do the shopping and deliver them directly to the Soup Kitchen for the second Tuesday of the month. You need only agree to be on the call list to share in one-third of the cost, approximately \$20-\$25 on an annual basis. If you are interested in being part of this worthy service, please contact me by e-mail at ecingire51@gmail.com or call me at 717-420-2183."

Many Thanks!

Salvation Army Bell Ringing



Get your warm mittens and stocking caps out for the Salvation Army Bell Ringing.

GPC will provide ringers for the Gettysburg Wal-Mart Kettle Campaign from 9:00 a.m. until 9:00 p.m. on Thursday, December 17.

The efforts of Salvation Army are especially important this year as people in need manage through added challenges brought on by COVID-19. The time slots will be one-hour segments. Please call Bill Tindall at 717-357-1281, e-mail him at agpr4you@yahoo.com or sign up in Fellowship Hall to reserve your spot.



GPC is partnering with teachers at Gettysburg School District to collect either new or gently used coats that will be given to both students and residents of the community who find themselves in a situation where they are without adequate warm clothing for the winter months.

Please drop off your items at the Local Missions table in Fellowship Hall or call Bill Tindall if you need assistance in getting the coats to church.

He can be reached at 717-357-1281 or e-mailed to agpr4you@yahoo.com.

If necessary, coats will be washed before distributing them to those in need.

Thank you for your continued support of all the Local Missions projects conducted at GPC.

Mission Bright Star

It's once again time for our church's annual Mission Bright Star ministry. This is a program in which members and friends of our congregation purchase Christmas gifts for children whose father or mother is a resident in the Adams County Correctional Facility during the Christmas season. Because of the pandemic, we have made modifications to the program in order to follow CDC guidelines and minimize personal contact. Feeling that we couldn't safely have Mission Bright Star Sunday and the associated activities, we will **not** be purchasing two gifts for each child. Instead, we will be sending the caregivers a \$25.00 **Walmart gift card** for each child. We feel this is the best way to handle things in order to avoid cancelling the ministry.

If you would like to participate:

1. You may purchase \$25.00 **Walmart** gift card(s).
2. You may write a check to GPC with Mission Bright Star in the memo line.
3. You may give cash with a note referencing Mission Bright Star.
4. You may give money/ purchase cards for as many children as you would like.

97 children are signed up to receive gifts this year.

You may drop your gift off at the church office **any time between now and Monday, November 30, 2020.**

Your willingness to share the love and compassion of Jesus with a Mission Bright Star family is greatly appreciated. Thank You!

If you have any questions please call or email Pam and Bruce Rowland. 717-642-8802

pbrowland@embarqmail.com



Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

---Philippians 4:6-7, NRSV

The Thanksgiving holiday this year may be very different from past years, for most people. Many will be celebrating alone due to the pandemic, but the need for family and friends gathering to share a meal of thanksgiving is much different for others. Food, shelter, clothing, and jobs are new concerns for many. The Thank Offering provides the funds for grants given by the Presbyterian Women in the PC (USA) all over the U.S. and worldwide.

Blue Thank Offering envelopes are available at your Circle Groups, and at the Welcome Center in Fellowship Hall. You can donate (easily) online at www.presbyterianwomen.org/give, making sure you write Gettysburg Presbyterian in the comment line or contact me directly and I will mail you an envelope. Margo Har at 978-807-3750. Please indicate Gettysburg Presbyterian Women on the check and return the envelope in the offering plate or mail to the church.

Thank you for your gifts. Presbyterian Women

Advent Plans

If you are worshipping via the livestream, consider buying or making an Advent candle wreath- 4 purple candles & one white one in the center- so you can light them along with us during the Advent services! It would help make your home space feel more worshipful, and children may appreciate the weekly ritual. Advent begins on Sunday, Nov. 29.

Mission Prayer List

On Sunday mornings we will be praying for the following people/groups that we support:

- 11/15 Bill and Ann Moore**
Bill & Ann are PCUSA missionaries in Japan, working with local church and excited about evangelism.
- 11/22 Fruitbelt Farmworkers Ministry**
Rev. Rod Runyan coordinates this ministry at seasonal workcamps throughout the region.
- 11/29 Sean and Bethany Walker**
After serving 10 years in Central Asia, Sean & Bethany are now working from Houston, supporting the ministry of Antioch Partners, a mission group committed to reaching unreached people around the world.

Please consider including them in your own prayers!

Poinsettias

Help us decorate the sanctuary at Christmas by ordering a poinsettia in honor or memory of someone. The flowers will be used in the sanctuary December 20th. You may pick up your plant(s) following evening worship on the 24th or Saturday the 26th from 8:00 - 9:00 a.m. **The church office will be closed Friday, Dec. 25th. Those not picked up by noon on Tuesday, Dec. 29th will be delivered to shut-ins.** The 5-6 bloom 6 1/2" pot will cost \$10.00.

Please fill in the following form & send it with your check made payable to Gettysburg Presbyterian Church to:
Mary Lou Seamens
169 Hunters Trail
Gettysburg, PA. 17325

Orders MUST be in by Sunday, December 8th.
We cannot accept orders after that date—No extensions.

Christmas Poinsettias 2020

Given by: _____
 Phone #: _____
 In Memory of: _____
 In Honor of: _____
 # of plants you will pick up _____ # of plants to be delivered to shut-ins _____



WELCOME TO CHRISTMAS MISSION FAIR 2020

(Tom Kolmer, 717-634-0258)

Christmas Mission Fair is our primary fundraiser for mission trip support and for local mission outreach at GPC. Due to COVID-19 restrictions there will be no in-person celebration this year; so food, music, and children's games won't be happening...sorry parents, NO GOLDFISH!

We will, however, be providing three avenues for your participation:

1. Mission Support Gift Letters and Donations
2. Equal Exchange / Presbyterian Coffee Project Purchases
3. An On-Line Silent Auction at www.biddingowl.com/GPC

Let me explain each of these just a bit:

MISSION SUPPORT DONATIONS AND GIFT LETTERS (Nov 16 - Dec 6):

Your donations directly support GPC mission trips to the South Dakota Lakota Sioux Reservation, South Carolina Habitat for Humanity, Accion Ministries in Yucatán Mexico, High School Youth Workcamp, and the GPC Family Mission Trip. Additionally, they provide funding for local outreach at Gettysburg CARES, SCCAP, and the Adams County Rescue Mission.

Donation forms are available in Fellowship Hall, on the church website www.gettysburgpresbyterian.org, and on the GPC Facebook page. Simply fill out the form to designate your gifts. Payment can be accepted by cash, check, or by ACH through the church office. Gift letters are available for pickup at the church, or you can provide the name and address of your gift recipient and WE will mail it for you!

EQUAL EXCHANGE / PRESBYTERIAN COFFEE PROJECT (Nov 16 - Dec 1):

These purchases support small farmers around the world by purchasing locally sourced products at fair prices. A portion of your purchase price also goes to GPC Missions.

This year we will be accepting only PRE-ORDERS for purchases...there will be NO in-church sales. Order forms are available in Fellowship Hall, on-line at www.gettysburgpresbyterian.org, or on the GPC Facebook page. You can pre-pay by cash or check, or you can pay at pickup with cash, check, credit or debit card.

20 types of coffee, 7 teas, 6 chocolates, cashews, almonds and olive oil will be available for pre-order purchase.

GPC ON-LINE SILENT AUCTION (Nov 15 - Dec 6):

The Silent Auction is available at www.biddingowl.com/gpc. To participate, simply go on-line to the website, view the offerings, register as a bidder, and place your bids...easy! Similar to eBay, you will be notified as to the status of your bid as the auction proceeds. The highest bidder as of 6pm Dec 6th will win the item!

This year we have several specialty dinners for six people, special event tea gatherings, a fun balloon sculpture, ¾ cord of firewood, several holiday items, children's fun baskets, collectibles, and more!

We hope you will find this to be a fun, interactive way to find unique and meaningful items for your gift list!

THANK YOU FOR PARTICIPATING IN CHRISTMAS MISSION FAIR 2020!

Your support makes GPC missions accessible for everyone, and impactful locally and around the world!

2020 Christmas Mission Fair Equal Exchange Order Form

Item	Price	Qty.	Total
COFFEE			
Breakfast Blend (Whole Bean)	\$9.00		
French Roast (Whole Bean)	\$9.00		
Mind, Body, Soul (Whole Bean)	\$9.00		
Decaf (Whole Bean)	\$9.00		
Midnight Sun (Whole Bean)	\$9.00		
Congo (Whole Bean Only)	\$9.00		
Breakfast Blend (Drip)	\$9.00		
French Roast (Drip)	\$9.00		
Mind, Body, Soul (Drip)	\$9.00		
Decaf (Drip)	\$9.00		
Midnight Sun (Drip)	\$9.00		
Sister's Blend (Drip only)	\$9.00		
Cozy Cup (Drip only)	\$9.00		
Hazelnut Creme (Drip only)	\$9.00		
French Roast Decaf (Drip only)	\$9.00		
Toffee Caramel (Drip only)	\$9.00		
French Vanilla (Drip only)	\$9.00		
French Roast (K-Cup)	\$8.00		
Breakfast Blend (K-Cup)	\$8.00		
Unwind Decaf (K-Cup)	\$8.00		

Item	Price	Qty.	Total
CHOLOLATE BARS			
Dark Choc, Almond & Sea Salt	\$4.00		
Dark Choc, Caramel Crunch, Sea Salt	\$4.00		
Dark Choc, Mint Crunch	\$4.00		
Panama Extra Dark Choc	\$4.00		
Milk Chocolate	\$4.00		
Milk Choc, Caramel Crunch, Sea Salt	\$4.00		

Item	Price	Qty.	Total
TEAS			
English Breakfast	\$5.00		
Peppermint	\$5.00		
Earl Grey	\$5.00		
Chai	\$5.00		
Rooibos	\$5.00		
Vanilla Rooibos	\$5.00		
Chamomille	\$5.00		

Item	Price	Qty.	Total
FOODS			
Natural Cashews	\$8.00		
Roasted, Salted Cashews	\$8.00		
Natural Almonds	\$8.00		
Tamari Roasted Almonds	\$8.00		
Olive Oil	\$14.00		

A. Coffee Total:

B. Candy/Tea/Foods Total:

GRAND TOTAL PRICE (A+B)=

Return to Gettysburg Presbyterian Church, 208 Baltimore St, Gettysburg, PA 17325

Prepay your order by check, or pay at time of pickup with cash, check, CC or Debit

All orders must be received by Dec 1st, 2020. Pickup will be available Dec14-18th.

DONATIONS FOR DIRECT MISSION SUPPORT

Thank you in advance for supporting GPC Christmas Mission Fair with your monetary donation! These funds make it possible to support mission efforts locally and around the world, and to help send GPC members on these life-changing trips!

This year, Mission Gift Letters will be available at the church office, or you may designate your gift to a specific person/family and have US mail your gift letter for you! Just provide names and addresses, and we will take care of the rest!

Please include amount of gift & what mission you want to donate to: YUCATÁN MEXICO
SOUTH DAKOTA LAKOTA
SOUTH CAROLINA HABITAT
H.S. YOUTH WORKCAMP
LOCAL MISSION EFFORTS
(Adams Rescue Mission, SCCAP,
Gettysburg CARES)

NEW ADVENT ACTIVITIES TAB

on WEBSITE

Please check out the Advent Activities Tab on the church website for devotions and Other activities for families.
Advent begins on Sunday, November 29th.

ADVENT CRAFTS

Due to COVID we cannot hold our annual children's craft workshop. We are putting together advent activities bags for families which will include several advent crafts and the materials for making an advent wreath. These will be available for families to pick up in the black & yellow bin outside fellowship hall on Thursday, November 19th. Please stop by the church and pick up your bag.

ADVENT ADULT DEVOTIONALS

Beginning, Sunday, November 15th there will be Advent Devotions on the CE Table. Please help yourself to one to use during your devotions time during Advent as we prepare for the arrival of the Christ child.

CHILDREN'S STORYTIME

Christian Education Committee is looking for individuals who would like to come into the church to pre-record or record yourself a story for children. If you don't have a favorite book, you might want to stop in our Phyllis Dowd Children's Library and select a book to read. We thought this would be a great way to connect with our children during the slow and wintery months of January and February. If you are interested in doing this, contact Cheryl in the church office and we will work out a schedule with Mark Wherley to come in and record the story being read or you can email one to Cheryl that you have recorded yourself. Let's make these wintery months something special for our children.

What Christmas Means to Me

For Advent Sundays, we are asking children of any age to draw a picture (crayon, colored pencil, etc.) to answer "What Christmas Means to Me." Please include first name and age under your picture

Email them to gpcdce@gettysburgpresbyterian.org so that we can upload them into a slide presentation for each Sunday in Advent.

Deadline for submitting is Monday, November 23rd.

Foods That Make You Go Zzzz



Pam Phillips RN FCN
410-596-0777

gpcfnc@gettysburgpresbyterian.org

Thanksgiving is just around the corner. Visions pop into my head of my family sitting/laying around the living room *trying* to resist the urge to nap after eating a healthy portion of the traditional Thanksgiving Day meal.

Why do we feel sleepy after this meal? Tryptophan. Tryptophan is a component of the brain chemical serotonin, which gets converted into the well-known sleep-inducing hormone, melatonin. Tryptophan is one of 20 naturally occurring amino acids—the building blocks of proteins. Because the body is unable to manufacture tryptophan on its own, it **must** be obtained from food protein.

Any meal containing tryptophan and lots of carbohydrates trigger sleepiness. Poultry and many other foods also contain tryptophan. Our body converts tryptophan into melatonin and serotonin, which are thought to induce sleep.

Why not use foods like this to your advantage on other days (and nights) of the calendar?

If you experience the occasional sleepless night, the Mayo Clinic offers some insight on how certain foods can help you sleep.

Foods That Contain Tryptophan

- Dairy foods (warm milk)
- Oats
- Bananas, Kiwi
- Poultry
- Chamomile Tea
- Peanuts, Almonds, Walnuts

Try a light bedtime snack that is mostly carbohydrate with a little protein to improve your chances of a better night's sleep. This carb-protein combo may increase the availability of tryptophan to your brain.

Avoid Before Bedtime

- Too much protein (protein-rich foods also contain the amino acid tyrosine that stimulates brain activity)
- Heavy and spicy foods which cause heartburn
- Lots of fluids that require lots of bathroom breaks
- Alcohol which can cause less than restful sleep and frequent awakenings
- Caffeine which stimulates the nervous system. Keep in mind, this tactic can help with the occasional sleepless night, but make sure you visit your doctor if you are experiencing sleep problems on a more regular or frequent basis


Gettysburg Presbyterian Church
208 Baltimore Street
Gettysburg, PA 17325
Office: (717) 334-1235
Fax: (717) 334-0666
www.gettysburgpresbyterian.org

RETURN SERVICE REQUESTED

Gettysburg Presbyterian Church Mission Statement

Gettysburg Presbyterian Church believes that God calls us to invite people to faith in Jesus Christ, and equip them to grow as His fully devoted followers. As disciples we:

- * study regularly
- * pray daily
- * witness boldly
- * live faithfully
- * serve passionately
- * give generously
- * worship weekly



**Next Newsletter Deadline:
Noon, Thursday November 19, 2020**

Office Operations

The state guidelines still encourage people to work from home where possible.

However, someone is usually in the office from 10:00 - 2:00 Monday - Thursday

You can continue to call the office number (717-334-1235) if you need anything, or need to get into the building during the day.

**November 2020
GPC WORSHIP SCHEDULE**

Contemporary Worship @ 9:00 a.m.
Traditional Worship @ 10:30

- | | |
|--------------------|--|
| November 15 | <i>Compassion Isn't for Whimps</i> |
| November 22 | Thanksgivers Sunday
Pledge Sunday |
| November 29 | <i>When God Interrupts: Call Stories</i>
First Sunday in Advent |

To view live stream, go to: www.gettysburgpresbyterian.org
Click "New Streaming Link" on the top right hand corner