

# GRAPEVINE

October 27, 2020

## "The Pastor's Page"

### ***Smiling Eyes***

For me, wearing a mask signals our commitment to community and our compassionate care for our fellow travelers on this journey we call life. To borrow the Apostle Paul's words, putting on a mask is a way of showing love, "...over all these virtues put on love, which binds them all together in perfect unity." (Colossians 3:14)

The current Moderator of the United Church of Canada, The Right Reverend Richard Bott, composed the following prayer which speaks to me. I share it with you. ~ *Lou*

### **A Prayer for Putting on a Mask**

Creator,  
as I prepare to go into the world,  
help me to see the sacrament  
in the wearing of this cloth –  
let it be "an outward sign  
of an inward grace" –  
a tangible and visible way  
of living love for my neighbours,  
as I love myself.

Christ,  
since my lips will be covered,  
uncover my heart,  
that people would see my smile  
in the crinkles around my eyes.  
Since my voice may be muffled,  
help me to speak clearly,  
not only with my words,  
but with my actions.

Holy Spirit,  
as the elastic touches my ears,  
remind me to listen carefully –  
and full of care –  
to all those I meet.  
May this simple piece of cloth  
be shield and banner,  
and each breath that it holds,  
be filled with your love.

In your Name  
and in that love,  
I pray.

May it be so.  
May it be so.

### **Inside**

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# Happy Birthday to...

November 2

Luke May  
Pam Phillips

November 3

Cherie Black  
Hope Sanders

November 4

John Doerr  
Barry Simon

November 5

Andrea Crowe  
Lori May

November 6

Lydia Casteel  
Ann Ellefson

November 7

Chase Tritle  
Colin Burke

November 8

Kellen Rossman  
Chase Whiteman

November 9

Cian Fitzgerald  
November 9

November 10

Catherine Bahm  
Libby Crowe

November 11

Abby Fernandes  
Ashley Gladfelter

November 12

Kendal Sease  
David Wright

November 13

George Marguglio  
Barry Wareham

November 14

Richard Maue  
Heidi Merwede

November 15

Helen Stabler  
November 13

November 16

Fran Salisbury  
November 15

November 17

Joseph Swatsworth  
November 16

November 18

Vickie Hudock  
November 17

November 19

Krista Delacruz  
Dave Eskildsen

November 20

Alison Sinclair  
November 18

November 21

Jennifer Daniels  
Harvey Eckenrode

November 22

Joanna McGuire  
John Strevig

November 23

November 19  
Barbara Dombrowsky

November 24

Nathan King  
Gale Pollock

November 25

Becki Powell  
Tyler Weikert

November 26

Steve Kinsey  
Laura Lochary

November 27

Deborah Snyder  
November 20

November 28

November 21  
Cathy Gardner

November 29

Matthew Hartwig  
Holly Hess

November 30

Jon Holler  
Graham Stabler

November 31

Cathy Gardner  
Matthew Hartwig

November 21

Holly Hess  
Jon Holler

November 22

Graham Stabler  
November 22

November 23

Miles Decker  
Kim Hain

November 24

Joanna Suarez  
November 23

November 25

Jim Biggar  
Beth Jones

November 26

Beth Jones  
November 24

November 27

Max Bernier  
Kennedy Brown

November 28

Gary Hubble  
Felicity Sarnoff

November 29

November 25  
Benjamin Dudash

November 30

Niles Ellingson  
Hugh Ferguson

November 31

Emma Freeman  
November 26

November 26

Elizabeth Hiller  
Lindsey North

November 27

Vernon Reed  
Carrie Trax

November 28

Caitlyn Landauer  
Susan Landauer

November 29

Kenneth Mott  
November 27

November 30

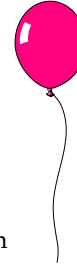
William Ott  
November 28

November 31

Taylor Breighner  
Emma Sanders

November 31

Paige Stewart  
November 29



**Thank you to  
Jerry & Jan Althoff  
(Countryside Gardens)  
for mowing and plant-  
ing the beautiful trees  
around the  
new parking lot.**

**REMINDER:**  
**Daylight Savings Time  
ends on November 1st!**



Be sure to turn your clocks  
**BACK ON SATURDAY,  
October 31**

Many thanks to those that sent cards and well-wishes to my sister, Kim, as she continues to battle her cancer.

**Kelly Jones**

Thanks so much to the church family for the cards, prayers, and well-wishes as I recover from my first knee surgery!!

A huge thanks to the Tuesday AM Bible Study Group for the food and the many rides to all of my appointments.

**Kelly Jones**

## Compassion >>>>>>Stewardship>>>>>>???

Some have asked why the Stewardship Committee has developed a GPC Compassion campaign. Why are they not asking us to pledge our time, talent and treasure to support GPC and its ministries? WE ARE !

Take a look at a GPC Annual Report and you will find it is full of compassionate activities that reach out to missions, community and congregation. The following examples are only a sampling of what you will find:

Missions: These are widespread and include places like Kenya, Haiti, Honduras, Mexico, South Carolina, and South Dakota.

Community: There are many activities including The Christmas Fair, which makes a big impact on the lives of those in need both here and abroad. Mission Bright Star reaches out to children with a parent in the Adams County Correctional Facility.

GPC Congregation Needs: The Board of Deacons cares for members of the GPC family through many programs and activities. The various music ministries enrich our worship and lift our spirits. The Write from the Heart ministry writes 'sympathy notes', 'get well wishes', 'thank you notes' and other notes of encouragement. Something new was added in 2014...The Shawl ministry was started. Last year 250 prayer shawls were produced and distributed to bring comfort to those who suffered loss or experienced serious health issues.

We celebrate the compassion of GPC and we thank you for sharing your tithes, offerings, and talents. We invite you, once again, to help us fulfill the missions of the Gettysburg Presbyterian Church.

Blessings from the Stewardship Committee.

The Adams Rescue Mission will hold its annual Silent Auction this year on November 19 (6-8 pm) and 20 (noon-8 pm) at the Gettysburg Fire Hall, AND online on November 20 (noon-7pm). Please wear a mask and socially distance while browsing the countless baskets, items, and gift certificates. No tickets required! This is a great time to Christmas shop, while supporting this wonderful Christian organization.

For more information, go to [www.adamsrescuemission.org](http://www.adamsrescuemission.org).

**PW CIRCLES**

**Mary Martha Circle**

**Thursday, November 12 @ 4:00 p.m.**

Eisenhower Lounge @ GPC

Lesson 3: Jeremiah 9:17-21 and

Matthew 2:16-18



**Esther Circle**

**Thursday, November 19 @ 9:30 a.m.**

MacAskill Room at GPC

Lesson 3: Jeremiah 9:17-21 and

Matthew 2:16-18

**Elizabeth Circle**

**Monday, November 16 @ 1:00 p.m.**

Paideia House

Lesson 3: Jeremiah 9:17-21 and

Matthew 2:16-18

**HIGH SCHOOL FELLOWSHIP**

**November**

November 1	5:00 - 6:00	Zoom Youth Group
November 8	5:00 - 6:00	Fellowship @ GPC Dress for weather
November 15	5:00 - 6:00	Zoom Youth Group
November 22	No SHIP	Thanksgiving break

**MIDSHIP SCHEDULE**

**November**

November 1	5:00 - 6:00	Fellowship/Games @ GPC
November 8	5:00 - 6:00	Bonfire @ Libby's home
November 15	5:00 - 6:00	Fellowship/Games @ GPC
November 22	No Mid-SHIP	Thanksgiving break

**A Congregational Meeting**

will be held

**Sunday, November 22**

following the 9:00 a.m. service  
(approx. 9:45)

for the purpose of  
electing church officers.

You may attend in person  
or through our live-stream  
using the "chat" feature

**YOUTH CLUB SCHEDULE**

November 1	3:00 - 4:30	Fellowship & Games @ GPC
November 15	3:00 - 4:30	Fellowship & Games @ GPC

# MISSIONS NEWS



## Gettysburg C.A.R.E.S. Update

Gettysburg C.A.R.E.S. plans to open on November 2 this year, according to Pastor Mike Allwein and Board President, Mary Stevenson. "We have had to make many adjustments to comply with the CDC Shelter Guidelines," they explain.

The biggest change is where the guests will sleep. Sadly, because of CDC/Covid 19 guidelines, C.A.R.E.S. will not be in the churches this year, but rather in local motel rooms. This will create financial challenges different from past years. More information will follow.

There are many details to be worked out, but C.A.R.E.S. has a new Program Director who will help do this. Rosemary Laureano will be joining as Program Director. She comes with many years of experience in a similar position in the healthcare field and was part of the WellSpan team that provided the C.A.R.E.S. Medical Clinic during the past four years. During November, Rosemary will begin intakes of homeless neighbors in the Gettysburg community. The shelter part of the program begins December 1 with plans to continue providing shelter through the end of March 2021.

If you would like to be informed directly of CARES needs as we learn them, please send your email & phone number to Bill Tindall, Elder for Local Missions ([agpr4you@yahoo.com](mailto:agpr4you@yahoo.com)) or Rev. Nyiri ([gpclou@gettysburgpresbyterian.org](mailto:gpclou@gettysburgpresbyterian.org)).



## Soup Kitchen Report

Do you want to give back to the community? You can by helping our church in its support of the Gettysburg Community Soup Kitchen.

Even though procedures have changed due to COVID-19, we can help make a direct impact on our local community.

Eleanor (Ellie) Bilz, vice chair and board member of the Soup Kitchen explains:

"We are no longer asked to make the soup, but only to provide the groceries. I do the shopping and deliver them directly to the Soup Kitchen for the second Tuesday of the month. You need only agree to be on the call list to share in one-third of the cost, approximately \$20-\$25 on an annual basis. If you are interested in being part of this worthy service, please contact me by e-mail at [ecingire51@gmail.com](mailto:ecingire51@gmail.com) or call me at 717-420-2183."

Many Thanks!

## Salvation Army Bell Ringing



Get your warm mittens and stocking caps out for the Salvation Army Bell Ringing.

**GPC will provide ringers for the Gettysburg Wal-Mart Kettle Campaign from 9:00 a.m. until 9:00 p.m. on Thursday, December 17.**

The efforts of Salvation Army are especially important this year as people in need manage through added challenges brought on by COVID-19. The time slots will be one-hour segments. Please call Bill Tindall at 717-357-1281, e-mail him at [agpr4you@yahoo.com](mailto:agpr4you@yahoo.com) or sign up in Fellowship Hall to reserve your spot.



GPC is partnering with teachers at Gettysburg School District to collect either new or gently used coats that will be given to both students and residents of the community who find themselves in a situation where they are without adequate warm clothing for the winter months.

Please drop off your items at the Local Missions table in Fellowship Hall or call Bill Tindall if you need assistance in getting the coats to church.

He can be reached at 717-357-1281 or e-mailed to [agpr4you@yahoo.com](mailto:agpr4you@yahoo.com).

If necessary, coats will be washed before distributing them to those in need.

Thank you for your continued support of all the Local Missions projects conducted at GPC.

## Local Mission Contributions Made through the Giving Spree

Several Local Missions 2020 budgeted items have been recently compounded by making the contributions through the Adams County Community Foundation's Giving Spree.

Those contributions include: \$1,000 to Gettysburg C.A.R.E.S.  
 \$1,700 to the Adams Rescue Mission  
 \$2,000 to Habit for Humanity  
 \$500 toward the newly formed COVID-19 Relief Recovery Fund.

Thank you to all GPC church members who have made these donations possible through regular contributions and special gifts to Gettysburg Presbyterian Church.

## Peace Offering Contributions

Thanks to Sean Hosterman, Local Missions Team member who presented the Annual Peace Offering minute for mission to the congregation.

The Peace Offering collection of \$1,840.00, made on September 27, has reached out in five directions as Sean explained it would during his presentation. One thousand dollars has gone to SCCAP to serve both the Food Pantry and Adams Co. Homeless Shelter. Five hundred dollars went to the Gettysburg Community Soup Kitchen, \$100 to Mission of Mercy and \$250 to the Presbyterian Church USA, Mission Organization.

Funds through all local charities were made through to Adams County Community Foundation's Giving Spree where the contributions were enhanced by the foundation.

## Zoom Study

Kay McClain was wondering if there would be interest in a book called "Coffee With Calvin?" It was published in 2013. It lends itself well to individual meditation or group discussion. The book has 84 devotions organized in eight sections and each section has seven or a multiple of seven readings and each reading is only one page long. So it sounds simple, but each reading (devotional) is based on a statement from Calvin's Institutes and you know that he isn't simple. (smile.)

Kay would be interested in facilitating or co-facilitating a spring Zoom discussion on the many meditations in this book. Class could meet each Wednesday at 10:00 -11:30 A.M., beginning on January 6 and concluding on Wednesday March 24, the week before Palm Sunday.

Each participant would read seven meditations for the week for discussion as a group on Wednesday. Meeting on Wednesday morning would not interfere with any other church activities during noon, afternoon, evening times.

If interested please respond to: KAY MCCLAIN <mcclain2636@comcast.net>

## Mission Prayer List

On Sunday mornings we will be praying for the following people/groups that we support:

- 11/1 Clean Water Project—Chiapas, Mexico**  
Funded by our Capital Campaign mission component, a well and water purification system is managed by a church in Hidalgo.
- 11/8 Adams Rescue Mission**  
ARM works with men struggling with substance abuse, runs a thrift store, and a recycling ministry.

Please consider including them in your own prayers!

## *Poinsettias*

Help us decorate the sanctuary at Christmas by ordering a poinsettia in honor or memory of someone. The flowers will be used in the sanctuary December 20<sup>th</sup>. You may pick up your plant(s) following evening worship on the 24<sup>th</sup> or Saturday the 26<sup>th</sup> from 8:00 - 9:00 a.m. **The church office will be closed Friday, Dec. 25<sup>th</sup>. Those not picked up by noon on Tuesday, Dec. 29<sup>th</sup> will be delivered to shut-ins.** The 5-6 bloom 6 ½" pot will cost \$10.00.

Please fill in the following form & send it with your check made payable to Gettysburg Presbyterian Church to:  
Mary Lou Seamens  
169 Hunters Trail  
Gettysburg, PA. 17325

**Orders MUST be in by Sunday, December 8th.**  
**We cannot accept orders after that date—No extensions.**

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### Christmas Poinsettias 2020

Given by: \_\_\_\_\_  
 Phone #: \_\_\_\_\_  
 In Memory of: \_\_\_\_\_  
 In Honor of: \_\_\_\_\_  
 # of plants you will pick up \_\_\_\_\_ # of plants to be delivered to shut-ins \_\_\_\_\_





## PLEASE JOIN US FOR THE 2020 CHRISTMAS MISSION FAIR AND SILENT AUCTION!

Your opportunity to find unique and interesting Christmas gifts for that "Special Someone" who is hard to buy for, while supporting GPC mission efforts, begins on Nov 15<sup>th</sup>! This year will be a bit different due to COVID-19 restrictions. We will hold an online Silent Auction via a website called "Bidding Owl," which will offer the opportunity for you to directly support specific GPC Mission Trips as an alternative Christmas gift, and will offer Presbyterian Coffee Project items through pre-order sales. Unfortunately, there will be no craft sales, game night, or food sales this year. Please watch the Grapevine Newsletter for details, product order forms, and Mission Support Gift ideas.

Please contact Tom Kolmer at 717-634-0258. Thanks for your support!

### It came upon a midnight clear...

*WHAT? No need to wait up 'till midnight,  
the Christmas Mission Fair Silent Auction is right around the corner!*

This year's Silent Auction is going online. With the help of Bidding Owl you will be able to view and bid on your computer or through the app, from the safety and comfort of your own home! Benefiting GPC mission projects here in Adams County and around the world, the CMF Silent Auction will begin on Nov 15<sup>th</sup> and end at 5pm, Sunday Dec 6<sup>th</sup>. Some wonderful items will be up for sale to the highest bidder, including a Sushi dinner for six! We are still accepting creative, high quality donations for the Silent Auction **THROUGH NOV 10<sup>th</sup>**. Please call 717-334-1235 to arrange drop-offs at the church office. Call Tom Kolmer with any questions, 717-634-0258.

*Thank you for your generous support!*

### PW "THANK OFFERING"

For over 100 years, the Presbyterian Women have expressed their gratitude for God's blessings by giving back to those in their communities and around the world.

In February 2020, the Creative Ministries Offering Committee of the PW of the PC (USA) extended grants to help fund programs for safe housing, relief from disasters and training for justice and advocacy work. Locally, the Presbytery of Donegal received \$5000 for their work with the Domestic Violence Center of Chester County.

This year has been a tumultuous year with the pandemic, the economy, loss of jobs and the stress on millions of essential workers on the front lines. Please make your offering by using the Blue "Thank Offering" envelopes located on the Welcome Center in Fellowship Hall or checks may be sent directly to the church indicating the Thank Offering or you can donate (easily) online at [www.presbyterianwomen.org/thank](http://www.presbyterianwomen.org/thank) and indicate Gettysburg Presbyterian Church in the comments.

The Presbyterian Women thank you for your continued support.





During this Pandemic, weight gain has become an issue for most of us. With the Holidays fast approaching a few reminders are listed below. *My goal* is to start afresh Now.



Pam Phillips RN FCN  
410-596-0777

[gpcfnc@gettysburgpresbyterian.org](mailto:gpcfnc@gettysburgpresbyterian.org)

## 10 Ways to Eat Well

- Boost consumption of fruits and vegetables. Aim to eat four to five servings each of fruits and vegetables daily. Choose fruits and vegetables that are deep green, orange, yellow, and purple, since these have the greatest nutritional value. A serving is: one medium fruit, 1/2 cup canned or frozen fruit, 1/2 cup cooked vegetable, 1/2 cup fruit juice, and 1 cup leafy raw greens.
- Cook with olive oil as much as possible and use it to make salad dressings. Make a quick and easy dressing by combining 3/4 cup olive oil, 1/4 cup balsamic vinegar, 1/2 clove minced garlic, and 1 T each of chopped fresh parsley and chives. Virgin olive oil is best since it has more inflammation-fighting antioxidants than refined olive oil.
- Snack on walnuts instead of chips. Walnuts provide fiber, minerals, antioxidants, and the kinds of fatty acids that are good for your heart.
- Eat a whole grain cereal such as oatmeal for breakfast, and replace refined grains with whole grains, such as substituting brown rice for white rice.
- Eat fatty fish such as salmon two to three times per week to get more omega-3 fatty acids. Wild salmon has more omega-3s than farmed salmon. Try ground flaxseed and chia seeds
- Eat fewer fast foods. Many tend to be cooked in oils that contain trans fatty acids, which increase inflammation. If you eat at fast-food restaurants, order a grilled chicken sandwich or salad with vinaigrette dressing.
- Replace white potatoes with sweet potatoes. They're high in vitamins and delicious when baked with a little olive oil, garlic, and rosemary.
- Cut down on sugary drinks such as juice, soda, and punch. Try unsweet tea instead.
- Eat more lentils and beans. They are good sources of protein and can replace red meat at meals. Try black beans and brown rice sautéed with onions and garlic and seasoned with cumin.
- Munch on dark chocolate and fresh raspberries for dessert. Both are loaded with antioxidants.

There are a lot of scriptures related to food in the Bible. *To thrive spiritually is our goal.* When our bodies, values, and appetites are surrendered to God, we can make choices that lead to a healthier lifestyle.

***Dear friend, I hope all is well with you and that you are as healthy in body as you are strong in spirit. ~ 3 John 1:2 (NLT)***

Gettysburg Presbyterian Church

208 Baltimore Street

Gettysburg, PA 17325

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Fax: (717) 334-0666

www.gettysburgpresbyterian.org

RETURN SERVICE REQUESTED

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**Gettysburg Presbyterian Church Mission Statement**

Gettysburg Presbyterian Church believes that God calls us to invite people to faith in Jesus Christ, and equip them to grow as His fully devoted followers. As disciples we:

- \* study regularly
- \* pray daily
- \* witness boldly
- \* live faithfully
- \* serve passionately
- \* give generously
- \* worship weekly

**Next Newsletter Deadline:**  
**Noon, Thursday November 5, 2020**

**Office Operations**

The state guidelines still encourage people to work from home where possible.

However, someone is usually in the office from 10:00 - 2:00 Monday - Thursday

You can continue to call the office number (717-334-1235) if you need anything, or need to get into the building during the day.

**November 2020**  
**GPC WORSHIP SCHEDULE**

**Contemporary Worship @ 9:00 a.m.**  
**Traditional Worship @ 10:30**

- |                    |   |
|--------------------|---|
| <b>November 1</b>  | Rev. Dr. David Wright: <i>"Superheroes!"</i><br>Communion<br>All Saints Day |
| <b>November 8</b>  | Rev. Lou Nyiri - <i>"Smiling with Your Eyes"</i>                            |
| <b>November 15</b> | Rev. Dr. David Wright<br>Stewardship/Compassion Campaign                    |

To view live stream, go to: [www.gettysburgpresbyterian.org](http://www.gettysburgpresbyterian.org)  
Click "New Streaming Link" on the top right hand corner