

GRAPEVINE

July 7, 2020

"The Pastor's Page"

At-Home Devotions

As we spend time at home, we find God's word to be of great comfort. Here is a resource to delve deep into the July 5, 2020 lectionary text. The following is taken from The Presbyterian Outlook – online resource "Looking into the Lectionary." May this resource provide you and your family guidance for your at-home devotions.

God's Peace,
Rev. Lou

Call to worship (Psalm 34:1-3)

I will bless the Lord at all times;
the praise of God shall ever be in my mouth.
I will glory in the Lord; let the humble hear and rejoice.
Proclaim with me the greatness of the Lord;
let us exalt the name of God together.

Read & Reflect

Read Matthew 11:15-19, 25-30; Romans 7:15-25a

Reflect:

1. How has your perception of Jesus changed over your life?
What images of Jesus have become the most meaningful for you?
2. Reflect on the end of Matthew 11:19: "Wisdom is vindicated by her deeds." How do you hear that verse? Have you found it to be true?
3. Jesus seems to suggest that the wise and the intelligent can miss out on the fullness of the gospel. What are the ways that we reason ourselves away from faith?
What role can wisdom and intelligence have in the life of discipleship?
4. What are the qualities of an infant that Jesus wants to lift up as he speaks about our response to God?
5. How do you hear Jesus' invitation to seek rest in him? What forms might that rest take?
What might we gain from resting in Jesus?
6. What can we learn by taking on Jesus' yoke? How does his yoke differ from the burdens we carry?

Charge and benediction (Book of Common Worship)

Go out into the world in peace.
Have courage!
Hold fast to what is good.
Return no one evil for evil.
Strengthen the faint-hearted, support the weak, help the suffering.
Honor all people.
Love and serve the Lord your God, rejoicing in the power of the Holy Spirit.
The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace.

Inside

- Congregational Meeting
- GPC's Got Talent
- Masks Still Needed
- Disciple Fast Track
- Sunday School Teachers Needed
- Children's Church Leaders Needed
- GPC Hiking Club
- July Women's Book Club
- General Assembly Report
- Ruth's Harvest



Congregational Meeting

The Session has called a meeting of the congregation for **Sunday, July 12 following the Contemporary Service, at approximately 9:45AM.**

The purpose of the meeting is to act on the nomination of Gail Hull to the office of elder (Class of 2020), completing an unexpired term.

You may attend the meeting in person, or watch it on the live-stream, where you may vote using the "chat" feature.

I would like to thank all the wonderful members for their lovely notes to me at this sad time. So many notes mentioned that Art was such a gentleman and that pleases me. I feel he'd be satisfied with that description of his life.

Love, Joan Pore

CONDOLENCES:

Our thoughts and prayers are with:

Niles Grimm on the recent death of Joan.

Janet Dewar's family upon her death.

Mary Shuss on the recent death of John.

Church Facebook Page

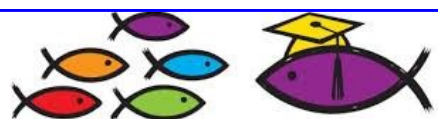
If you have a Facebook page we invite you to like the church's page AND we would love it if you took time each Sunday morning to share the post inviting folks to join us in worship. We encourage you to like and share posts frequently from the church's Facebook page as it will generate interest in GPC's Facebook page & is an easy way to share the good news of what God is doing here (i.e. evangelism & outreach).





We are looking for one individual to lead our Children's Church at 11:00 this fall. We have four other individuals who have agreed to do this. We need a 5th person so we can rotate weeks. The curriculum is easy to teach. We will be establishing a social distancing procedure for this program. If you can give 1 Sunday every 5 weeks, please contact Cheryl Betts in the church office or her cell 717-357-8163.

This is a fun program and the children so look forward to it.



SUNDAY SCHOOL
TEACHERS **NEEDED!**

We are looking for leaders for our children's Sunday School.

We need 2 for Preschool, 1 for K-1st, 3 for 2nd/3rd and 2 for 4th/5th. We will have social distancing established when Sunday School opens. Our plan is to have 3 teachers per age group so that you can rotate weeks of teaching. Curriculum is not difficult to use.

If you can help us, please contact Cheryl Betts in the church office or her cell 717-357-8163. Come share your faith with our young children.

Men's Interfaith Luncheon

Meetings have been postponed
until further notice.

Mission Prayer List

On Sunday mornings we will be praying for the following people/groups that we support.

Please consider including them in your own prayers!

7/12 Lend-A-Hand

This is a ministry of our Presbytery that sends groups to help disaster-stricken areas recover.

7/19 Adams Christian Prison Ministry

Pastor Angel Perez serves as a prison Chaplain, doing evangelism and faith-building inside the prison

7/26 Ruth's Harvest

Ruth's Harvest provides backpacks full of food for school children to take home on the weekends.

GPC's Got Talent – Virtual Talent Show

Talent Show can be viewed
on our YouTube channel
and our Facebook page



A FEW QUESTIONS FOR YOU...

- * ARE YOU MISSING ATTENDING LIVE WORSHIP SERVICES?
- * ARE YOU PLANNING TO ATTEND THEM AS THEY RESUME?
- * DO YOU MISS SEEING YOUR CHURCH FAMILY IN PERSON ?
- * ARE YOU COMFORTABLE WITH MAINTAINING A SAFE
- * SOCIAL DISTANCE AND WEARING A MASK ?

IF SO...

Could the Welcome Team ask you to come a few minutes early to service during the months of July & August in order to "MEET AND GREET" folks as they come through the doors of Fellowship Hall?

WE WOULD LOVE TO HAVE YOU JOIN US!

PLEASE CALL CAROL HEISER AT 717-334-7487

AND OUR TEAM WILL BE IN TOUCH TO SCHEDULE YOU!



GPC HIKING CLUB

We hope your summer is going well so far! Hiking Ricketts Glen has been on my (Megan) hiking bucket list for quite some time now, and since so many of our hikes were cancelled this spring I thought maybe some of you would like to join me for a day of what will sure to be beautiful scenery.

Here are the details: We will leave the church at 7am on August 1st. It takes about 3 hours to get there which means we will arrive around 10am. I'm hoping to hike the entire Falls Trail which is 7.2 miles with 21(!) waterfalls along the trail. You can choose to carpool or drive separately, but please pack a lunch. I will bring a cooler with ice packs you can store your lunch in. Be sure to bring plenty of water, wear comfortable hiking-appropriate shoes, and dress in layers. With arriving at Ricketts Glen around 10 and hiking, stopping for a devotion, and lunch, plus return travel time we should arrive back in Gettysburg around 5pm, if not earlier.

If you would like to join us, please email me at MeganZiegler2014@gmail.com or Jen Clark at mjclark1963@embarqmail.com I hope you can join us! Check us out on Facebook at "GPC Hiking Club."

To read more about Ricketts Glen check out these 2 sites:

<https://www.dcnr.pa.gov/StateParks/FindAPark/RickettsGlenStatePark/Pages/default.aspx> and http://elibrary.dcnr.pa.gov/GetDocument?docId=1753204&DocName=dcnr_003164.pdf





*“As the deer longs for streams of water,
so I long for you, O God.
I thirst for God, the living God.”
Psalm 42:1 NLT*



Pam Phillips RN FCN
410-596-0777
gpcfcn@gettysburgpresbyterian.org

How much water did you drink today? Yesterday? On a normal day, we should drink EIGHT-8 ounce glasses of water daily. A survey by Rockefeller University found that 1/3 of those who responded drank the recommended amount, but nearly 10% drank none at all.

Water is essential to your health. Our bodies are made up of 96% water. We need water to keep all systems functioning optimally. For example, drinking water prevents symptoms such as fatigue, dry skin, headaches, and constipation. Severe dehydration can affect blood pressure, circulation, digestion, kidney function and even your joints. In hot weather, we can lose fluids at a rate of a quart or more per hour. Drinking water is important to replace what is lost through perspiration, urination, breathing, and other body processes.

If you are in the heat, drinking water can prevent cramping, nausea, and heat exhaustion. If you exercise, drink a glass of water 20 minutes before the activity and at least a half of glass every 15-20 minutes during the activity.

Many fruits contain 80-95% water, so they are another source of fluid replacement. Designer waters are available over the counter, but caution is needed when using these. Reading the labels to see what the contents are is valuable, as many are fruit flavored and packed with sugar. Cost is also a factor.

Signs of Dehydration are: Increased thirst, dry or sticky mouth, fatigue, confusion, dry eyes or blurred vision, headache, muscle cramps, lack of sweat, dark urine, and fever.

How many times is water mentioned in the Bible? Water is mentioned a total of 722 times in the Bible.

Psalm 42:1 reminds us that our physical need is equal to our spiritual need. God satisfies our physical thirst with water and our spiritual thirst with his Word.

Summer Office hours: Tuesdays at GPC 9a-2p, Thursdays (TBD) and most Sunday mornings

I am *always* available by phone or email. Please do not hesitate to contact me if needed.

410-596-0777 or gpcfcn@gettysburgpresbyterian.org

[I will be on vacation July 1-10th, but available by phone and email.](#)

[Peace, Pam Phillips RN FCN](#)

Resources:

www.mayoclinic.com, www.epa.gov/safewater/dwh/index.html www.waterandhealth.org/drinkingwater/index.html and http://kidshealth.org/kid/stay_healthy/food/water.html

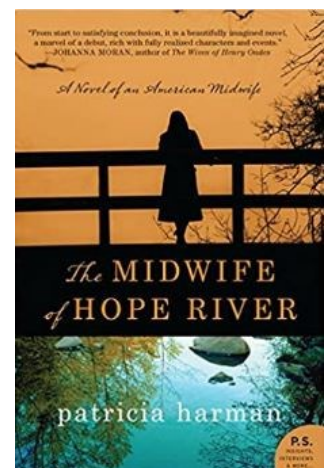
July Women's Book Club

What a wonderful first book club meeting we had in June - a great discussion and even better fellowship. We are hoping to keep pace for our July book club meeting and hoping you will join us.

- | | |
|-------------------------------|--|
| What's our book? | <u>The Midwife of Hope River</u> by Patricia Harman
(you can find it on Amazon). |
| When will we meet? | Tuesday, July 21st at 6:30 |
| How long will we meet? | About an hour and a half. |
| Where will we meet? | If you are comfortable, we will meet in my backyard.
If you feel safer meeting virtually, that's ok, too!
I will still set up a Zoom link and connect us all through the computer. I will send directions to my house and a link to those who email they are interested. |

Please let me know if you would like to join by Friday, July 17th by emailing me at MeganZiegler2014@gmail.com

I hope to see you soon! Megan



Homemade Facemasks Needed: Gettysburg Borough, Wellspan Health & Fruitbelt Farmworkers Christian Ministry (FFCM)

The Local Mission Team is seeking to provide an organized GPC response to meet the increasing need for face-masks. We hope to continue collecting facemasks to help residents stay healthy as we continue to protect ourselves against the coronavirus pandemic. Previously, we responded to Wellspan's request for Hand-Made-Fabric-Masks. We will now expand the effort to include the Gettysburg Borough and FFCM (migrant workers) requests for facemasks.

Step-by-step instructions for these easy-to-make facemasks can be found on GPC's website under COVID-19 Info dropdown menu under the Local Resources heading

(<https://gettysburgpresbyterian.org/wellspan-facemask-making-instructions/>). For ease of distribution, there is a tub at the door leading into Fellowship Hall marked for face mask donations.

Please place masks in a Ziplock bag with your name and number of masks and the Local Missions Team will deliver the masks.



Any questions, call Bill Tindall at 717-357-1281 or e-mail him at agpr4you@yahoo.com.

General Assembly Report

I was fortunate to be a Commissioner to the 224th General Assembly. This GA was supposed to be in Baltimore but due to COVID-19, it was held online. Our denomination is the first to use livestream for a large denominational gathering. Also, the first time for PCUSA. It was a totally different feel to a General Assembly. We met via zoom and had documents to review through a program called PCUSA-Biz. We had a total of 787 attending online. There were 326 commissioners elected by Presbyteries across the country.

The first day we elected new co-moderators – Elona Street-Stewart and Gregory Bentley were elected. Even though we could not be physically present, the worship service with communion was wonderful and could be heard in three languages – English, Korean and Spanish. The Baltimore churches along with outgoing co-moderators led the service. A Bible study on Lamentations 5:20-21 “Lament to Hope” was offered as we studied this as our theme for the gathering. We looked at the passage considering today's issues of racism and COVID-19.

This GA was different in that we did not deal with any Book of Order overtures, as we could not have the opportunity to study them thru GA committees prior to the meeting. These were all deferred to the 225th GA in 2022. If the items were not of vital importance, financial, or could not wait for the 225th GA, we dealt with them.

The GA did take a stand on racial issues that we need to be part of the solution and not part of the problem. There was a Poor Peoples March that was viewed with a letter asking that individual churches to take up the issue of racism and help undo damage that has been done in the past. We observed 8.46 minutes of silence for all the racial injustice of all people.

General Assembly is our highest level of government in the PCUSA and it was an honor to be a commissioner to this meeting. It helped to see how items that our Session deals with flow up to the Presbytery, thru the Synod, to General Assembly, are studied and worked through our system of government.

Cheryl Betts

RUTH'S HARVEST GETTYSBURG DONATIONS

The following is a list of foods needed to ensure that food –insecure children in the Gettysburg Area will be provided a box of food to supplement their families in July and August 2020. The Covid-19 virus has resulted in an increase of families in need. When shopping, perhaps you could add an extra item or two in the **bin provided at Kennie's Market** to help with this need. Thank you from RH Board.

Boxes of cereal 12-14oz	Packets of Oatmeal
Fruit 15 oz Cans	Black, kidney or baked beans 15 oz Cans
Rice 16oz	Full size packages of mac and cheese
Packs of spaghetti 16 oz	Vegetables 15 oz Cans
Granola bars	Bags of pretzels
Peanut butter 16 oz	

DISCIPLE FAST TRACK

Beginning Disciple 1 Fast Track

Monday Mornings from 10 – 11:30 a.m.
*"Disciple Fast Track –
 Old Testament"* will be offered.

This is a 12-week study for busy people just like you who seek to gain a better understanding of the Bible and want to grow as disciples. This class meets from September 14th through December 7th.

The facilitator will be Bob Bigham.

Study manual is \$16.00.

Please email Cheryl Betts at gpcdce@gettysburgpresbyterian.org if interested in signing up.

Into the Word /

Into the World Fast Track

This is the second Disciple Fast Track study that will be offered this fall.

This is a 12-week study learning what God has to say to us through Genesis, Exodus, Luke and Acts.

Merida Hurkett will be the facilitator.

Day and times to be determined.


If you are interested in signing up, please email Cheryl Betts at gpcdce@gettysburgpresbyterian.org to register.

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RETURN SERVICE REQUESTED

Gettysburg Presbyterian Church Mission Statement
Gettysburg Presbyterian Church believes that God calls us to invite people to faith in Jesus Christ, and equip them to grow as His fully devoted followers. As disciples we:
* study regularly
* pray daily
* witness boldly
* live faithfully
* serve passionately
* give generously
* worship weekly

 **Next Newsletter Deadline:
Noon, Thursday July 30, 2020**

Office Operations
The state guidelines still encourage people to work from home where possible, but we envision having staff in the office for a few more hours each week than we have been doing.
Continue to call the office number (717-334-1235) if you need anything, or need to get into the building during the day. We'll do our best to accommodate you!

**July 2020
GPC WORSHIP SCHEDULE**
Contemporary Worship @ 9:00 a.m.
Traditional Worship @ 10:30

July 12	Adventures in the Wilderness: God Provides
July 19	Adventures in the Wilderness: Patience/Impatience
July 26	Adventures in the Wilderness: Fear

To view live stream, go to: www.gettysburgpresbyterian.org
Click "New Streaming Link" on the top right hand corner

**** PLEASE NOTE: If you would like to provide face masks for those who forget to bring them to worship, please bring them by the church office!**