

 Masks Still Needed

 Disciple Fast Track

With many kinds of faces, All colors and all ages, too, From all times and places.

Verse 5

At Pentecost some people received the Holy Spirit And told the Good News through the world To all who would hear it.

Long before Avery & Marsh put these words to music,

the Apostle Paul had them in mind when he wrote to the Ephesian church, reminding that community (and us) that we are united together - *In Christ!*

- As Christ's faithful followers, we show who we are and what unifies us by how we love: We show our love by how we care for one another...
 - We show our love by joining our voices with those who have been long silenced and speak truth to injustice...

We show our love by bringing help, hope, healing, and wholeness into being... We show our love, in the words of Walter Rauschenbusch, by remembering that "God's kingdom is about transforming life here on earth into the harmony of

heaven."

I am the church! You are the church! We are the church together!

So let it be!

Dear Church Family,

Arnold, the black lab pup I have raised for 16 months has left Gettysburg and now is in New Hope, MN with Can-Do-Canines, where he will be a "stud" dog for them. His offspring will assist with autistic children. Many thanks to you as a church family for welcoming him to worship and meetings at GPC. You were a big part of his training as he benefited from your love and attention.

Sincerely, Anne Gallon

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Hershey Park Tickets

Our group tickets purchased before the start of 2020 summer season will be valid through June 30, 2021. That is over a year from now and includes the ability to use them this summer, fall, and winter 2020 seasons, spring 2021, and summer 2021 up to 6/30/21.



Tickets are currently being mailed from Hershey and we should receive them within the next week. We will let you know when they arrive.

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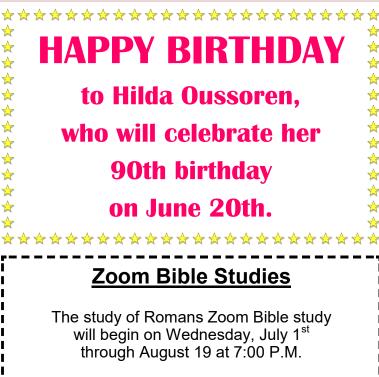
Mission Prayer List

On Sunday mornings we will be praying for the following people/groups that we support.

Please consider including them in your own prayers!

- 6/7 **Bryan & Emily Gerlach** Bryan & Emily are serving with local churches in Thailand.
- 6/14 **Fellowship of Christian Athletes** Kelly Jones facilitates this ministry at Π Gettysburg College. Pastor Dave Π teaches once a semester. Π
- 6/21 **Presbytery of Carlisle** Our Presbytery, which consists of about 50 churches in our region.

6/28 **Jacques Merine** Jacques heads Source of Life Ministries which runs an orphanage in Haiti. They are hoping to expand into health ministries in the near future.



If you are interested in signing up, please email Cheryl at gpcdce@gettysburgpresbyterian.org so we can send a Zoom invite.

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When will we re-start public worship?

We are currently operating under the "yellow" level in Adams County, which prohibits gatherings of over 25 people. When we move to "green," larger gatherings will be permitted, but we will need to adjust our worship practices to maintain social distancing, which we believe will still be required. It's also likely that masks will still be necessary. In addition, we will also need to adjust how we do the Lord's Supper, take our offerings, use bulletins, and more! Both of our worship committees are working on these issues, so we can safely worship face-toface when our health officials deem it safe to do so.

<u>GPC's Got Talent –</u> <u>Virtual Talent Show</u>

Do you love to sing? Play an instrument? Enjoy magic tricks? Have a special talent?



Our Director of Music, Jamie Bowman, would love to showcase your talent in GPC's Virtual Talent Show in June. Please contact Jamie if you'd like to submit a video of your talent – <u>gettysburgbowmans@gmail.com</u>. DEADLINE is JUNE 19.

Church Facebook Page

If you have a Facebook page we invite you to like the church's page AND we would love it if you took time each Sunday morning to share the post inviting folks to join us in worship. We encourage you to like and share posts frequently from the church's Facebook page as it will generate interest in GPC's Facebook page & is an easy way to share the good news of what God is doing here (i.e. evangelism & outreach).





Adam Boyer & Jess Whitmore on their marriage May 30, 2020 According to the World Health Organization (WHO), **mental health** is "a state of well-being in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community".



During this Global Pandemic *all* of us have been affected in some

way with regards to our own Mental health. Mental health is something we tend to take for granted until there is a problem. We struggle on where to turn for help, or to talk with, what are the next steps, etc. Frustration occurs when people are unable to get an appointment, or their medical insurance does not cover the care needed. Stigmas are often attached to mental health issues which make us reluctant to seek help and we pretend that everything is just fine. Mental illnesses can affect people of any age, race, religion, or economic status and is one of the leading causes of disability in the world. Without treatment, our lives can result in unemployment, homelessness, incarceration, or suicide.

Examples of mental health conditions are:

Anxiety and Panic disorders, Bipolar Depression, Depression, Eating Disorders, Learning Disabilities, Schizophrenia, Substance abuse, and Addiction.

Spiritual help is available at Gettysburg Presbyterian Church. If you are struggling or need someone to talk with you can contact Rev. Dave, Rev. Lou, or myself for assistance.

How can we help others? Ask a Question and save a life!

There are 2 certified education courses offered by Wellspan via ZOOM during June & July 2020.

• QPR (Question. Persuade. Refer.) for Suicide prevention

• QPR with Mental Health Awareness (Overview of mental health awareness including depression, anxiety, and substance use disorder).

To view the dates and times of courses and how to register go to: <u>https://gettysburgpresbyterian.org/qpr-virtual-training-june-july-2020/</u>

For resources visit:

https://www.preventsuicidepa.org www.mayoclinic.com www.nami.org - National Alliance on Mental Illness (offers support, education, advocacy, and research) www.webmd.com/mental-health/mental-health-types-illness (material for consumers on mental health)

In Crisis? Call 1-800-273-TALK (8255)

My office hours are Tuesday and Thursdays during the summer months. Feel free to email me or call me at any time if I can be of service to you and your family. Looking forward to "seeing" you soon!

Pam Phillips RN FCN 410-596-0777 or gpcfcn@gettysburgpresbyterian.org

"O Lord, I have come to you for protection; don't let me be disgraced. Save me, for you do what is right." Psalm 31:1 NLT

Vacation Bible School Moses

Plans are to do a livestream VBS June 15-18th! Parents will be able to watch it at their convenience with their children. It will include some songs, drama, Bible Story, Scripture and a craft. Parents will be instructed when to stop by the church on a given day and time to pick up their bag of craft items.

We need parents to email Cheryl Betts at gpcdce@gettysburgpresbyterian.org

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by **JUNE 1st** to register your child(ren) for VBS. We only need their name and age/grade.

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The Gleaning Project **Needs Help**

The Gleaning Project of South Central PA has been hard at work in finding creative ways to keep getting fresh produce out to our community during this public health crisis and we at GPC can help. They are looking for produce stand attendants to sign up for weekly two-hour shifts to help restock and bag produce.

Transportation is also an issue for them to get the produce to the people who need it. You can help by offering your car and a little of your time for this aspect of the Gleaning Project.

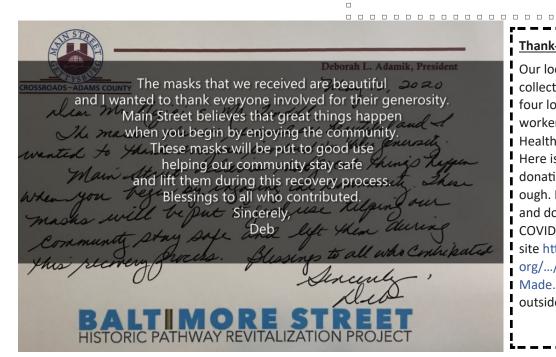
For more information, contact Bill Tindall at П 717-357-1281 or <u>agpr4you@yahoo.com</u>. You can also contact the Gleaning Project directly at gleaning@sccap.org.

Update on Soup Kitchen **Procedures**

П The COVID-19 pandemic has changed the operation of П the Gettysburg Community Soup Kitchen. As a result of the pandemic, no volunteers are allowed in the Soup Kitchen. The Director of the Kitchen, Sandy Lutz, and her staff make *To-Go Bags* each morning, filled with hot meals and snacks. These are passed out through the kitchen window.

Starting last month, volunteers were asked to go shopping П П and purchase the ingredients needed for the soup and bring them to the Kitchen, rather than cooking the soup П at home and bringing it to GPC or the Kitchen. П

Going forward, anyone who wishes to bring anything to the Soup Kitchen should coordinate the drop-off with Sandy Lutz at 717-334-2773. This is because of space limitations and concern of contamination. GPC member Eleanor Bilz, who also serves as Secretary, Board of Directors at the Gettysburg Community Soup Kitchen, can also be contacted at ecingire51@gmail.com for additional information.



Thank-You for the Masks

Our local mission team has been collecting and distributing masks to four local groups: Fruitbelt Farmworkers, Office of Aging, Wellspan Health and Gettysburg Borough. Here is a Thank-You from a recent donation of 66 masks to the Borough. If you'd like to help by sewing and donating masks, go to the COVID-19 info page on the website https://gettysburgpresbyterian. org/.../How-to-Donate-Hand-Made... (a donation bin is located outside Fellowship Hall Doors)

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High School & College Graduates of GPC



On Sunday, May 31, 2020 we remembered our high school and college graduates in worship. These are anything but common times in which we celebrate this milestone. Graduation plans have not gone the way they typically do nor have they gone the way so many had planned. We remember you all & recall the sustaining grace of God that goes with you into the yet-

to-be-known future. We want you to know that your church family will be praying for you as you endeavor in life beyond high school & college. We will be sending our high school graduates a handmade blanket as our way of reminding them that they shall always be "covered in prayer" as they live beyond the walls of high school. Amid unprecedented times when graduations will not go according to plans or hopes, we ask God's peace and grace will sustain our graduates in this moment and beyond. Congratulations to our high school & college graduates:

High School

Jessica Ardeeser Colin Burke Harrison Crow - The Rochester Institute of Technology Riley Fitzgerald - Penn State Molly Harrison Drevon Howard McKenna Kulkusky Luke May – Penn State Chloe Pennings - West Chester University Felicity Sarnoff - Penn State Savannah Soliday Michelle Suarez – Penn State Conor Wagner - Gettysburg College



College

 Ben Pontz - Gettysburg College

 Katie Shoemaker - MD from Penn State College of Medicine; will begin Residency in

 Family Medicine at Lancaster General Hospital.

 Zach Shoemaker - BS in Computer Science from Arcadia University; will be entering the workforce.

Family Feud - At - Home

The Fellowship Team invites you to play GPC's Family Feud at home. Zoom family or friends together to discover the top answers to questions by GPC folks. Visit the church website for Game instructions / Host Question & Answer



Sheet / Self-Contained Power Point <u>https://gettysburgpresbyterian.org/family-feud/</u>NOTE: Some computers may not play the PowerPoint – however you can still play the feud by having host write answers or make an X on a board.



then contact Rev. Lou

(gpclou@gettysburgpresbyterian.org) or

the church office

(info@gettysburgpresbyterian.org).

From this contact we will email you with the particulars and the zoom invitation for the prayer meeting.

Zoom coffee fellowship -

If you would be interested in joining for coffee fellowship immediately following Sunday morning worship, then contact Rev. Lou

(gpclou@gettysburgpresbyterian.org) or the church office (info@gettysburgpresbyterian.org) if interested. From this contact we will email you the particulars and a zoom invitation to the fellowship time.

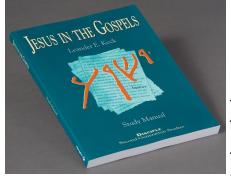
Coffee Hour

Sundays after Worship on Zoom





If you would like to have a copy of the current Our Daily Bread devotional, please email Cheryl at <u>gpcdce@gettysburgpresbyterian.org</u> and we will place a copy in a plastic bag taped to the outside door of Fellowship Hall so you can pick one up at your leisure.



Disciple Bible Studies for fall

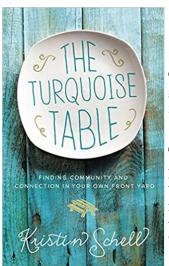
Jesus in the Gospels course will be offered on Sunday evenings from 4-6 p.m. beginning Sunday, September 13, 2020.

This 30-week course will study the portrait of Jesus found in the four Gospels – Matthew, Mark, Luke and John.

The word "in" used in the titles signals that this study takes an approach different from the familiar "life and teachings of Jesus'

approach of reading stories of what Jesus said and did." We focus on Jesus himself by the ways they situate him in time and place. Fall will be here before we know it. Please contact Cheryl Betts at 717-334-1235, ext. 5 or

<u>gpcdce@gettysburgpresbyterian.org</u> if interested in this wonderful study. The facilitator will be Rev. Nancy Davis. Cost of the 2 books is \$49.



New! Women's Summer Book Club

Are you interested in enjoying a couple of hours of fellowship with other women? If you answered "yes," then consider joining this new group. We will be reading <u>The Turquoise Table</u> by Kristin Schell for the month of June.

What's the book about?

The book is about an experiment the author did where she put a turquoise picnic table in her front yard and started inviting people over. Wonderful things started to happen - building community; having fellowship with neighbors, friends, and family; and learning a whole lot about hospitality in the process. She shares what she learned, how you can start your own "Turquoise Table" along with recipes and fun anecdotes.

When and how will we meet?

- June's Book Club will meet on Tuesday, June 23rd at 6:30 and will run for approximately an hour and a half to two hours.
- ~ We will meet via Zoom. I will send you a link to join the meeting closer to the date. So, put on your PJs, get a cup of tea, and enjoy from the comfort of your own home!

I'm interested, so what do I need to do?

- 1) Let me know you're interested by June 16th by sending me an email (<u>MeganZiegler2014@gmail.com</u>).
- 2) Order a copy of your book from the book's website (<u>www.theturquoisetable.com</u>) or from Amazon or get an eBook from the library.
- 3) Read the book, write down thoughts and questions.

How Prayer Requests are Being Handled During COVID-19

During these dis-concerting and dis-connected times, the words of Philippians 4:6-7 come to mind, "...in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus."

In following CDC recommendations to flatten the curve, we discontinued in-person worship. In order to keep connected with our GPC family, our church leadership (Session, Deacons, Pastoral Care Team, Staff and Stephen Ministers) began making phone calls which has led to an increase in prayer requests. As we receive your prayer requests, we want you to know: 1) Your prayer requests are important to us; and 2) How your prayer requests are shared.

- Prayer requests are shared in the following ways:
- 1. Prayer Team which confidentially prays for each request by name.
- 2. Pastoral Care Team which will follow up accordingly.

Sunday Morning Prayers may not always include specific names, however, prayer requests will be grouped under category headings (i.e. "We ask that you give strength to those in need of healing and wholeness") believing God knows each individual's name included in that prayer.

If you need to discuss this further or would like information about joining the prayer team, then please contact Rev. Nyiri at <u>gpclou@gettysburgpresbyterian.org</u> or 717-253-2711.





Beginning Disciple 1 Fast Track

Monday Mornings from 10 – 11:30 a.m. *"Disciple Fast Track* –

Old Testament" will be offered.

This is a 12-week study for busy people just like you who seek to gain a better understanding of the Bible and want to grow as disciples. This class meets from September $14^{\rm th}$ through December $7^{\rm th}$.

The facilitator will be Bob Bigham.

Study manual is \$16.00.

Please email Cheryl Betts at <u>gpcdce@gettysburgpresbyterian.org</u> if interested in signing up.

Into the Word/Into the Word Fast Track

This is the second Disciple Fast Track study that will be offered this fall.

This is a 12-week study learning what God has to say to us through Genesis, Exodus, Luke and Acts.

Merida Hurkett will be the facilitator.

Day and times to be determined.

If you are interested in signing up, please email Cheryl Betts at <u>gpcdce@gettysburgpresbyterian.org</u> to register. Gettysburg Presbyterian Church 208 Baltimore Street Gettysburg, PA 17325 Office: (717) 334-1235 Fax: (717) 334-0666 www.gettysburgpresbyterian.org

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Gettysburg Presbyterian Church Mission Statement Gettysburg Presbyterian Church believes that God calls us to invite people to faith in Jesus Christ, and equip them to grow as His fully devoted followers. As disciples we: * study regularly * pray daily

- witness boldly
- live faithfully
- serve passionately
- give generously
- * worship weekly

Next Newsletter Deadline: Noon, Thursday June 11, 2020

Office Operations During the Yellow Phase

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The state guidelines still encourage people to work from home where possible during the yellow phase, but we envision having staff in the office for a few more hours each week than we have been doing.

Continue to call the office number (717-334-1235) if you need anything, or need to get into the building during the day. We'll do our best to accommodate you!

May 2020 GPC WORSHIP SCHEDULE

WORSHIP 10:00 a.m.

We will continue worshipping virtually until it is safe to meet together based on the parameters set by the CDC and the state of Pennsylvania.

We will have a 10:00 a.m. service streamed live each Sunday.

www.gettysburgpresbyterian.org Click "New Streaming Link" on the top right hand corner

> Read the Book of Ephesians each week to prepare for the preaching series!